

Narcan® plus Injection by Nasal

Indian Health Service First Responder Intranasal Naloxone Competency Checklist

NAME: _____ INSTRUCTOR: _____ DATE: _____

Competency Statement: All approved first responders will understand how to administer Intranasal Naloxone

Purpose: Naloxone is used to reverse the effects of opioid overdose

Instructions for completion of this checklist include read Intranasal Naloxone educational materials. Review instructor-led materials. Review video.

- 1) After reading each of the skills checklist items, make a check mark either in the Met or Not Met column.
- 2) When checking the “Met” column, this will signify that learning has been accomplished or “Met” in this particular skill on the checklist.
- 3) Before marking “Not Met”, ask for instructions for any clarification that may be needed.
- 4) You may make a copy of the skills checklist for any review that you may want to do in the future.

#	Skill/Understanding	Met	Not Met
1	Opioid overdose is a potentially lethal condition that results in accidental or intentional over use of opioids with decreased level of consciousness, pinpoint pupils, slow heart rate, slow or no breathing, blue lips or nails, seizures or muscle spasms		
2	Naloxone is used for emergency treatment for opioid overdose to prevent death		
3	Scene safety to protect from blood born pathogens include wearing gloves and avoiding needles or other drug paraphernalia		
4	Support breathing giving 2 rescue breaths, then 1 breath every 5 seconds for 1 minute		
5	Naloxone can be safely given to anyone include children, infants, and pregnant women		
6	Intranasal Naloxone includes the Narcan® Nasal Spray and the Naloxone Injection given with the Intranasal Mucosal Atomizer		
7	Narcan® Nasal Spray contains 4mg of Naloxone; take out of the box and peel back the top right tab to open. Hold it between the two first fingers with the thumb on the plunger		
8	Naloxone injection given with Intranasal Mucosal Atomizer contains 2mg; carefully twist together the two parts of the syringe and the Atomizer until all the air is out of the syringe		
9	Naloxone should be inspected for clarity and expiration date prior to administration		
10	Tilt the person's head back and provide support under the neck		
11	Insert tip of the Narcan® nozzle or Atomizer into the nostril and briskly press on the plunger to deliver the dose, aiming slightly up and outward toward same side ear		
12	Narcan® Nasal Spray 4mg can be administered in one nostril		
13	Naloxone injection with Atomizer can be given 1/2 syringe (1mg) in each nostril		
14	If normal breathing doesn't resume, give Naloxone every 2-3 minutes, alternating nostrils		
15	Continue providing rescue breaths until independent breathing begins, then put into recovery position until EMS arrives		
16	Sequence of emergency treatment: 1) Activate 911, 2) Check for Breathing, 3) Support Breathing, 4) Administer Naloxone, 5) Put in Recovery Position, 6) Get to Emergency Care		
17	Return to an IHS pharmacy to replace naloxone; the Reporting Form will be required if used in an incident		

