

NARCAN (NALOXONE)

Guide for patients
and caregivers



NEED HELP?

If you, a family member, or someone you know needs help with a mental or substance use disorder, please call SAMHSA's National Helpline at

1-800-662-4357



SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION (SAMHSA)

SAMHSA is an agency within the US Department of Health & Human Services that aims to reduce the impact of substance abuse and mental illness on communities throughout the country.

SAMHSA TREATMENT LOCATOR

The QR code below will take you to a website where you will be able to type in your address or zip code and search for nearby treatment facilities anonymously.



Use the camera app or QR code reading app on your phone, hold over the QR code to scan.

If no QR reader, visit
[Findtreatment.samhsa.gov](https://www.samhsa.gov/findtreatment)

1 Identify Opioid Overdose and Check for Response

Ask person if he or she is okay and shout name

Shake shoulders and firmly rub the middle of their chest

Check for signs of an opioid overdose:

- Person is **unresponsive** (won't wake up even if you yell or shake them)
- Slow or **no breathing**
- Center point of their eye is very small

2 Give NARCAN (Naloxone) Nasal Spray

Remove NARCAN nasal spray from the box

- Peel back the tab with the circle to open the NARCAN nasal spray

Hold the NARCAN nasal spray with your thumb on the bottom of the red plunger and your first and middle fingers on either side of the nozzle

Insert the tip of the nozzle into either nostril

Press the red plunger firmly to give one dose of the NARCAN nasal spray

3 Call 911

Get emergency medical help immediately!

If the person does not respond after the first dose of NARCAN, another dose may be given. NARCAN nasal spray may be given every 2 to 3 minutes alternating nostrils.

KEY STEPS TO ADMINISTERING NARCAN NASAL SPRAY

PEEL



PLACE



PRESS



GOOD SAMARITAN LAW

The Good Samaritan Law was passed to encourage friends, family, and bystanders to call 911 in the event of an overdose.

The Good Samaritan Law is recognized in both { Insert Local Good Samitan Law info }

In order to be safe from prosecution, you need to call 911, remain on-site until assistance arrives, and cooperate with law enforcement and emergency medical services.

{Insert Local Good Samitan Law