NARCAN
(NALOXONE)
Guide for patients
and caregivers

NEED HELP?
If you, a family member, or
someone you know needs help
with a mental or substance use
disorder, please call SAMHSA’s
National Helpline at
1-800-662-4357

SUBSTANCE ABUSE
AND MENTAL
HEALTH SERVICES
ADMINISTRATION
(SAMHSA)

SAMHSA is an agency within the
US Department of Health & Human
Services that aims to reduce the
impact of substance abuse and
mental illness on communities
throughout the country.

SAMHSA TREATMENT
LOCATOR
The QR code below will take you to
a website where you will be able to
type in your address or zip code
and search for nearby treatment
facilities anonymously.

Use the camera app or QR code
reading app on your phone, hold
over the QR code to scan.

If no QR reader, visit
Findtreatment.samhsa.gov
1. **Identify Opioid Overdose and Check for Response**
   - Ask person if he or she is okay and shout name
   - Shake shoulders and firmly rub the middle of their chest
   - Check for signs of an opioid overdose:
     - Person is **unresponsive** (won’t wake up even if you yell or shake them)
     - Slow or **no breathing**
     - Center point of their eye is very small

2. **Give NARCAN (Naloxone) Nasal Spray**
   - Remove NARCAN nasal spray from the box
     - Peel back the tab with the circle to open the NARCAN nasal spray
   - Hold the NARCAN nasal spray with your thumb on the bottom of the red plunger and your first and middle fingers on either side of the nozzle
   - Insert the tip of the nozzle into either nostril
   - Press the red plunger firmly to give one dose of the NARCAN nasal spray

3. **Call 911**
   - Get emergency medical help immediately!
   - If the person does not respond after the first dose of NARCAN, another dose may be given. NARCAN nasal spray may be given every 2 to 3 minutes alternating nostrils.

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**GOOD SAMARITAN LAW**

The Good Samaritan Law was passed to encourage friends, family, and bystanders to call 911 in the event of an overdose.

In order to be safe from prosecution, you need to call 911, remain on-site until assistance arrives, and cooperate with law enforcement and emergency medical services.