



INDIAN HEALTH SERVICE AK-CHIN CLINIC

Meet Sandra, Family Nurse Practitioner



Welcome Sandra Dardy, Family Nurse Practitioner, to the Ak-Chin Clinic! Sandra provides comprehensive primary care for patients ages 2 months and older, delivering compassionate, patient-centered care to individuals and families.

Sandra brings more than 25 years of nursing experience and nearly nine years of experience as a Family Nurse Practitioner. Throughout her career, she has cared for patients in community health centers, where she developed a deep commitment to helping people understand their health and make informed decisions about their care. She has additional training in preventive and whole-person approaches to health, with a focus on supporting long-term wellness through healthy lifestyle choices.

Outside of the clinic, Sandra enjoys reading, cross-stitching, and exploring creative crafting.

Sandra looks forward to serving the Ak-Chin community and building lasting relationships with her patients.

Services Offered:

Primary Care (*Ages 2 months and older*)

- Well-Child Visits
- Adult Preventive Care
- Chronic Disease Management
- Acute Care Visits
- Sports Physicals
- Vaccinations
- Point-of-Care A1C Testing Available

Other Ak-Chin Services:

- **Laboratory:** Open Fridays
- **Pharmacy:** Prescription medications can be delivered to and picked up at the clinic

Hours of Operation:

Monday–Friday

8:30 a.m. – 4:30 p.m.

To Schedule an Appointment:

Call: (520)-568-3881