

# OUR STAFF

## ADMINISTRATION

- ✓ Practice Manager
- ✓ Administrative Support Assistants

## CUSTOMER SUPPORT SERVICES

- ✓ Benefits Coordinator
- ✓ Contact Representatives
- ✓ Medical Support Assistants

## BEHAVIORAL HEALTH TRIAGE / NURSING

- ✓ Nurse Specialists (RN)

## BEHAVIORAL MEDICINE

- ✓ Psychiatrists (MD)
- ✓ Psychiatric Mental Health Nurse Practitioners (PMHNP)

## COUNSELING SERVICES

- ✓ Licensed Clinical Social Workers (LCSW)
- ✓ Licensed Master Social Workers—Clinical Resident (LMSW)
- ✓ Psychologists (PsyD)
- ✓ Psychologist Fellows

## SUBSTANCE USE / ABUSE SERVICES

- ✓ Licensed Independent Substance Abuse Counselors (LISAC)

# ADDITIONAL RESOURCES

**2-1-1 ARIZONA—[www.211Arizona.org](http://www.211Arizona.org)**  
1 (877) 211-8661

**ADULT PROTECTIVE SERVICES**  
1 (877) 767-2385

**DIVISION OF CHILD SAFETY**  
1 (888) 767-2445

**MERCY MARICOPA (24 HOUR CRISIS)**  
(602) 222-9444 or 1 (800) 631-1314

**NATIVE AMERICAN CONNECTIONS**  
(602) 254-3247

**NATIVE HEALTH**  
(602) 279-5262

**PHOENIX INDIAN CENTER**  
(602) 264-6768

**PSYCHIATRIC RECOVERY CENTER (WEST VALLEY)**  
(602) 650-1212

**SEXUAL ASSAULT HOTLINE**  
(480) 736-4949

**URGENT PSYCHIATRIC CARE (CENTRAL)**  
(602) 416-7600

*Committed to Caring*



[www.ihs.gov](http://www.ihs.gov): search “pimc”

[facebook.com/pimcihs](https://facebook.com/pimcihs)

# PIMC BEHAVIORAL HEALTH



**CLINIC HOURS:** M-F | 8:00AM - 4:30PM  
**WALK-IN HOURS:** M-F | 9:00AM - 3:00PM

**PHONE:** 602-263-1518  
**FAX:** 602-263-1625



**PHOENIX INDIAN MEDICAL CENTER**

4212 N. 16TH STREET  
BUILDING #5  
PHOENIX, AZ 85016



# CONDITIONS DIAGNOSED & TREATED

**MOOD:** Depression, Bipolar and Disruptive Mood Dysregulation Disorders

**ANXIETY:** Generalized Anxiety, Social Anxiety, Panic, Obsessive Compulsive Disorder, PTSD, Agoraphobia, Separation Anxiety and phobias

**DISRUPTIVE BEHAVIORS:** Oppositional Defiant Disorder and Conduct Disorder

**PSYCHOSIS:** Schizophrenia, Schizoaffective, and Delusional Disorders

**DEVELOPMENTAL:** Autism Spectrum, Sensory Integration and Social Communication Disorders

**SLEEP:** Insomnia, Night Terrors, Nightmares, Circadian-Rhythm Disorders

**ELIMINATION:** Bedwetting, Soiling

**IMPULSE CONTROL:** ADHD, Intermittent Explosive Disorder, Trichotillomania (hair pulling), Hoarding, Excoriation Disorder (skin picking)

**MOVEMENT:** Tics, Tourette's, Dystonia, Akathisia and Pseudoparkinsonism

## PERSONALITY DISORDERS

**RELATIONSHIPS:** Parenting, complicated grief, couple and family relational issues

**SUBSTANCE ABUSE/CHEMICAL DEPENDENCY:** Diagnosis and outpatient counseling only

# PATIENT SERVICES

- ✧ Benefits Coordination
- ✧ Clinical Case Management
- ✧ Community Resource and Referrals
- ✧ Crisis Intervention
- ✧ Group Therapy (DBT, Grief, Holistic Health, and Saguaro Cactus-SMI)
- ✧ Individual and Family Therapy
- ✧ Inpatient Clinical Consultation
- ✧ Medication Management
- ✧ Parent Education
- ✧ Psychological, Psychiatric, and Psychosocial Evaluations
- ✧ Substance Abuse Evaluation, Counseling, and Inpatient Referrals
- ✧ Walk-In RN Triage and Brief Needs Assessment

# TREATMENT MODELS

- ✧ Applied Suicide Intervention Skills Training (ASIST)
- ✧ Assertive Commitment Therapy (ACT)
- ✧ Cognitive Behavioral Therapy (CBT)
- ✧ Dialectical Behavioral Therapy (DBT)
- ✧ Eye Movement Desensitization and Reprocessing (EMDR) Therapy
- ✧ Play Therapy
- ✧ Solution Focused Therapy
- ✧ Supportive Therapy
- ✧ Question Persuade Refer (QPR) Suicide Risk Assessment and Prevention

