



Special Diabetes Program for Indians (SDPI)

Welcome to SDPI, Here are Basics for 2023 and Beyond

IHS Division of Diabetes Treatment and Prevention
February 21, 2023





Welcome Message

Carmen Licavoli Hardin
Director

IHS Division of Diabetes Treatment and Prevention

Purpose of this Webinar

- Assist SDPI staff members in understanding the basics of the program.
 - ✓ Review SDPI acronyms and abbreviations
 - ✓ Understand and use the SDPI website and resources
- Discuss plans for 2023 and beyond

SDPI Overview

- In response to rising rates of diabetes in AI/AN people, Congress established SDPI through the Balanced Budget Act of 1997 (P.L. 105-33)
 - “The Secretary shall make grants for providing services for the prevention and treatment of diabetes...” (42 USC 254c-3)
- Today SDPI provides funds to 302 I/T/U grant programs in 35 states for diabetes prevention and treatment
 - Tribal 256
 - Urban 31
 - IHS 15
- Check out the [SDPI 2023 Grant Program List](#)

SDPI Essentials

1. Vocabulary and Abbreviations
2. Best Practices
3. SDPI Outcome System (SOS) and Target Group
4. Diabetes Care and Outcomes Audit
5. Clinician, Educator, & Patient Resources – Division of Diabetes Prevention and Treatment (DDTP) website
6. Grant Resources – SDPI website

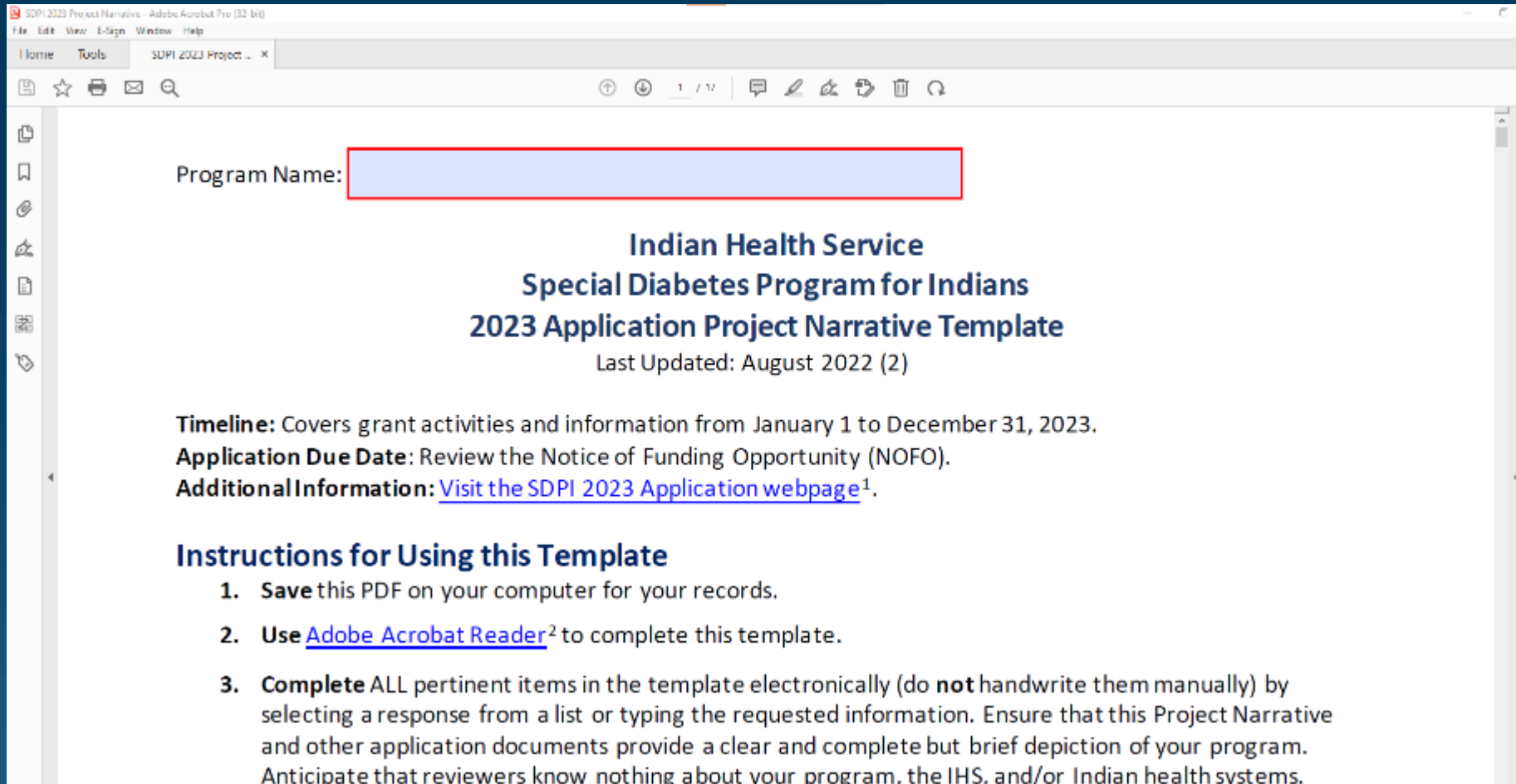
Vocabulary and Abbreviations

| Abbreviation | Explanation |
|----------------|---|
| IHS | Indian Health Service |
| NoA or NGA | Notice of Award/ Notice of Grant Award |
| SDPI | Special Diabetes Program for Indians |
| BP | Best Practice |
| SOS | SDPI Outcome System |
| RKM | Required Key Measure |
| Diabetes Audit | Diabetes Care and Outcomes Audit |
| ADC | Area Diabetes Consultant |
| DGM | Division of Grants Management |
| DDTP | Division of Diabetes Treatment and Prevention |
| TLDC | Tribal Leaders Diabetes Committee |
| T&C | Terms & Conditions (found in NoA) |

Steps to Understand SDPI

1. Locate and read your program's current year's Project Narrative
2. Review your program's Notice of Award (NoA)
3. Study the SDPI webpage
4. Connect with your ADC

Telling your story in your Project Narrative



SDPI 2023 Project Narrative - Adobe Acrobat Pro (32 bit)

File Edit View E-Sign Window Help

Home Tools SDPI 2023 Project ...

Program Name:

**Indian Health Service
Special Diabetes Program for Indians
2023 Application Project Narrative Template**
Last Updated: August 2022 (2)

Timeline: Covers grant activities and information from January 1 to December 31, 2023.
Application Due Date: Review the Notice of Funding Opportunity (NOFO).
Additional Information: [Visit the SDPI 2023 Application webpage¹](#).

Instructions for Using this Template

1. **Save** this PDF on your computer for your records.
2. Use [Adobe Acrobat Reader²](#) to complete this template.
3. **Complete** ALL pertinent items in the template electronically (do **not** handwrite them manually) by selecting a response from a list or typing the requested information. Ensure that this Project Narrative and other application documents provide a clear and complete but brief depiction of your program. Anticipate that reviewers know nothing about your program, the IHS, and/or Indian health systems.

SDPI Best Practices

- Aspirin or Other Anti-platelet Therapy in Cardiovascular Disease
- Blood Pressure Control
- Chronic Kidney Disease Screening and Monitoring
- Dental Exam
- Depression Screening*
- Diabetes-related Education
- Eye Exam-Retinopathy Screening
- Foot Exam
- Glycemic Control
- Hepatitis C Screening
- Immunizations- Hepatitis B
- Immunizations – Influenza
- Immunizations: Pneumococcal*
- Immunizations: Tetanus/Diphtheria
- Lipid Management in Cardiovascular Disease
- Nutrition Education
- Physical Activity Education
- Tobacco Use Screening
- Tuberculosis Screening

* Indicates changes from previous year. See [2023 SOS Baseline Data Webinar](#).

Best Practice

Part D. SDPI Diabetes Best Practice

Applicants must select one SDPI Diabetes Best Practice (referred to as “Best Practice”) which addresses one of the needs identified in your needs assessment (See [Part B](#)). During the 2023 budget period, grantees will implement their selected Best Practice activities/services, as well as track and report data on their Target Group for their Required Key Measure (RKM).


There is a list of all the Best Practices on the [Best Practices webpages](#).⁴ For each Best Practice, there is a brief statement on the importance, RKM information, guidance for selecting a Target Group, and tools and resources. An [SDPI Diabetes Best Practices List and Summary Table](#)⁵ is also available.

D1.1 SDPI Diabetes **Best Practice** selected:

Nutrition Education

Best Practice

U.S. Department of Health and Human Services

 **Indian Health Service**
The Federal Health Program for American Indians and Alaska Natives

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[A to Z Index](#) [Employee Resources](#) [Feedback](#)

The Indian Health Service is working closely with our tribal partners to coordinate a comprehensive public health response to both [COVID-19](#) and [mpox](#).

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[About IHS](#) / [Special Diabetes Program for Indians \(SDPI\)](#) / [SDPI Grant Resources](#) / Best Practices

Special Diabetes Program for Indians (SDPI)

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SDPI Reports to Congress

Tribal Leaders Diabetes Committee (TLDC)

Education Materials and Resources (Online Catalog)

Best Practices

Overview

As part of their required activities, SDPI Community-Directed grantees will implement one SDPI Diabetes Best Practice (also referred to as "Best Practice"). The Best Practices are focused areas for improvement of diabetes prevention and treatment outcomes in communities and clinics. Note that, as in previous years, grantees may use some of their SDPI funds for diabetes-related activities outside of their selected Best Practice.

Links to the [SDPI Diabetes Best Practices](#) can be found below and a printable list can be found in the [Best Practice Summary Table](#) [PDF – 234 KB].

To assess improvement on outcomes, each Best Practice includes one Required Key Measure (RKM) that programs will track and report on regularly. Grantees will collect data on the RKM for individuals in their Target Group. The Target Group is the carefully selected set of individuals that grant programs can realistically serve. Each Best Practice provides guidance on selecting an appropriate Target Group.

SDPI Diabetes Best Practices

- [Aspirin or Other Antiplatelet Therapy in Cardiovascular Disease](#)
- [Blood Pressure Control](#)
- [Chronic Kidney Disease Screening and Monitoring](#)
- [Dental Exam](#)
- [Depression Screening](#)
- [Diabetes-related Education](#)
- [Eye Exam – Retinopathy Screening](#)
- [Foot Exam](#)
- [Glycemic Control](#)
- [Hepatitis C Screening](#)
- [Immunizations: Hepatitis B](#)
- [Immunizations: Influenza](#)
- [Immunizations: Pneumococcal](#)
- [Immunizations: Tetanus/Diphtheria](#)
- [Lipid Management in Cardiovascular Disease](#)
- [Nutrition Education](#)
- [Physical Activity Education](#)
- [Tobacco Use Screening](#)
- [Tuberculosis Screening](#)

SDPI Diabetes Best Practice Resources

Grantees may find the resources below helpful as they plan for, implement, and evaluate their SDPI grant program and Diabetes Best Practice.

Quick Links

- [SDPI Diabetes Best Practices](#)
- [SDPI Diabetes Best Practice Resources](#)
- [Best Practice Summary Table](#) [PDF – 234 KB]



Required Key Measure (RKM)

| Topic | Importance | Required Key Measure | Target Group Guidance |
|----------------------------|--|---|---|
| Nutrition Education | Nutrition education helps reduce the risk for developing diabetes and its complications. | Number and percent of individuals in your Target Group who receive nutrition education.* * Performed by a Registered Dietitian or other health or wellness program staff. | select from adults and/or youth with diabetes and/or at risk for developing diabetes. |

Using SDPI Diabetes Best Practices

Applicants choosing the same Best Practice may propose different activities/services with different Target Groups. See the example below.

| SDPI Program | Selected Best Practice | Activities/Services | Target Group Description |
|--------------|------------------------|--|---|
| A | Nutrition Education | Providing nutrition education related to breastfeeding support . | Pregnant women ages 18-30 with or at risk for diabetes from local I/T/U clinic. |
| B | Nutrition Education | Providing nutrition education related to diabetes prevention . | Youth ages 8-15 at risk for diabetes at local Boys & Girls Club. |
| C | Nutrition Education | Providing nutrition education from a Registered Dietitian related to heart health . | Adults with diabetes ages 18-45 at risk for CVD from local I/T/U clinic. |

SDPI Outcome System (SOS)

- Web-based system to report RKM data
- Submitting SOS data
 - Manual data entry
 - Aggregate or Individual
 - Upload to WebAudit and pull into SOS
- SOS Trainings
<https://www.ihs.gov/sdpi/sdpi-outcomes-system-sos/#training>

SOS Main Page



The Indian Health Service is working closely with our tribal partners to coordinate a comprehensive public health response to both [COVID-19](#) and [mpox](#).

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General Information

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Help and Support

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SDPI Outcomes System (SOS)

[SOS](#)

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WHAT IS THE SOS?

The SOS is a new web-based data system for SDPI Community-Directed Grant programs. Grantees will use this system, to enter, check, and download Required Key Measure (RKM) data for their Target Group for their selected [Diabetes Best Practice](#). They can also run reports of their RKM results.

[SOS Login](#)

Important SOS Dates for SDPI Grantees

- **2022 Final Data**
due January 31, 2023 (required)
- **2023 Baseline Data**
due February 28, 2023 (required)



SOS Main View

[sdpi](#)

SOS Main Menu

Best Practice/Target Group Info

Submit RKM Data

- Pull from WebAudit
- Enter Individual
- Enter Aggregate

SOS Grantee Reports

Lock SOS Data

DDTP Data Systems

CONTACT US

ihsddtspdcommunity@ihs.gov

Welcome to the SDPI Outcomes System (SOS) Main Menu. Click on an item in the list below or the left-hand menu to proceed.

SDPI OUTCOMES SYSTEM (SOS) MAIN MENU

[Best Practice/Target Group Info](#) - Tools for submitting information about your selected [Diabetes Best Practice](#) and [Target Group](#)

[Submit RKM Data](#) - Tools for submitting Required Key Measure (RKM) data for your selected Diabetes Best Practice and Target Group using one of three methods

[Reports](#) - Tools for generating reports of your submitted RKM data

[Lock Data](#) - Submit RKM data to the IHS Division of Diabetes and allow no further changes to the data

Diabetes Care and Outcomes Audit

IHS Diabetes Care and Outcomes Audit - WebAudit
 DRAFT Audit Report for 2023 (Audit Period 01/01/2022 - 12/31/2022)
 Facility: Test01

Annual Audit

983 charts were audited from 220 patients determined to be eligible by Test01.
 Unless otherwise specified, time period for each item is the 12-month Audit Period.

| | # of Patients (Numerator) | # Considered (Denominator) | Percent | Area Percent | IHS Percent |
|---------------------------------------|------------------------------|-------------------------------|---------|-----------------|----------------|
| Gender | | | | | |
| Male | 397 | 983 | 40% | | |
| Female | 586 | 983 | 60% | | |
| Age | | | | | |
| < 20 years | 37 | 983 | 4% | | |
| 20-44 years | 156 | 983 | 16% | | |
| 45-64 years | 411 | 983 | 42% | | |
| ≥ 65 years | 379 | 983 | 39% | | |
| Diabetes Type | | | | | |
| Type 1 | 35 | 983 | 4% | | |
| Type 2 | 945 | 983 | 96% | | |
| Duration of Diabetes | | | | | |
| < 1 year | 5 | 983 | 1% | | |
| < 10 years | 80 | 983 | 8% | | |
| ≥ 10 years | 511 | 983 | 52% | | |
| Diagnosis date not recorded | 392 | 983 | 40% | | |
| Body Mass Index (BMI) Category | | | | | |

Diabetes Audit Main View

[Division of Diabetes Treatment and Prevention \(DDTP\)](#) / IHS Diabetes Audit

Division of Diabetes Treatment and Prevention (DDTP)

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IHS Diabetes Audit

WebAudit Login

WebAudit Information and Account Requests

Audit 2023 Resources

Conducting An Audit

Audit Training

Audit Help and Support

Audit - FAQ

Audit RPMS/DMS Information

The IHS Diabetes Care and Outcomes Audit

The IHS Diabetes Care and Outcomes Audit is a process to assess care and health outcomes for American Indians and Alaska Natives with diagnosed diabetes. IHS, Tribal and Urban Indian health care facilities nationwide participate in this process each year by auditing medical records for their patients with diabetes.

Click on the link below or left hand menu to find information about different Audit topics. If you have questions or need further information, contact the [Audit team](#).

- [WebAudit Login](#)
- [WebAudit Info and Account Requests](#)
- [Audit 2023 Resources](#)
- [Conducting an Audit](#)
- [Audit Training](#)
- [Audit Help and Support](#)
- [Audit FAQ](#)
- [Audit RPMS/DMS Information](#)

Important Dates

Annual Audit 2023

The **WebAudit** tools for Audit 2023 originally anticipated to go live on **February 1, 2023**, will be **delayed**, with new date **TBA**. An Audit due date will also be announced at a later date.

- WebAudit open:
February 2023 – TBA
- RPMS/DMS patch released:
January 24, 2023
- Due date:
TBA
- Audit period end date:
December 31, 2022

WebAudit Main View

U.S. Department of Health and Human Services



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Diabetes WebAudit

Diabetes WebAudit

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Diabetes WebAudit



[Facility Administration](#)

Enter facility information and lock data.



[Data Processing](#)

Submit (entry or upload), view, download, and check data.



[Reports](#)

Generate reports and graphs.



[Area Reports](#)

Reports and graphs for Area Diabetes Consultants and support staff.





Award#

FAIN#

Federal Award Date: 12/02/2021

Notice of Grant Award

Recipient Information

- 1. Recipient Name
- 2. Congressional District of Recipient
- 3. Payment System Identifier (ID)
- 4. Employer Identification Number (EIN)
- 5. Data Universal Numbering System (DUNS)
- 6. Recipient's Unique Entity Identifier
- 7. Project Director or Principal Investigator

8. Authorized Official

Federal Agency Information

IHS Office of Grants Management

9. Awarding Agency Contact Information

10. Program Official Contact Information

Federal Award Information

- 11. Award Number
- 12. Unique Federal Award Identification Number (FAIN)
- 13. Statutory Authority
- 14. Federal Award Project Title
- 15. Assistance Listing Number
93.237
- 16. Assistance Listing Program Title
Special Diabetes Program for Indians_Diabetes Prevention and Treatment Projects
- 17. Award Action Type
SDPI Extension with Funding
- 18. Is the Award R&D?
No

Summary Federal Award Financial Information

- 19. Budget Period Start Date 01/01/2021 - End Date 12/31/2022
- 20. Total Amount of Federal Funds Obligated by this Action
 - 20a. Direct Cost Amount
 - 20b. Indirect Cost Amount
- 21. Authorized Carryover
- 22. Offset
- 23. Total Amount of Federal Funds Obligated this budget period
- 24. Total Approved Cost Sharing or Matching, where applicable
- 25. Total Federal and Non-Federal Approved this Budget Period
- 26. Project Period Start Date 01/01/2016 - End Date 12/31/2022
- 27. Total Amount of the Federal Award including Approved Cost Sharing or Matching this Project Period
Not Available

28. Authorized Treatment of Program Income

ADDITIONAL COSTS

29. Grants Management Officer - Signature



Grant Number Breakdown

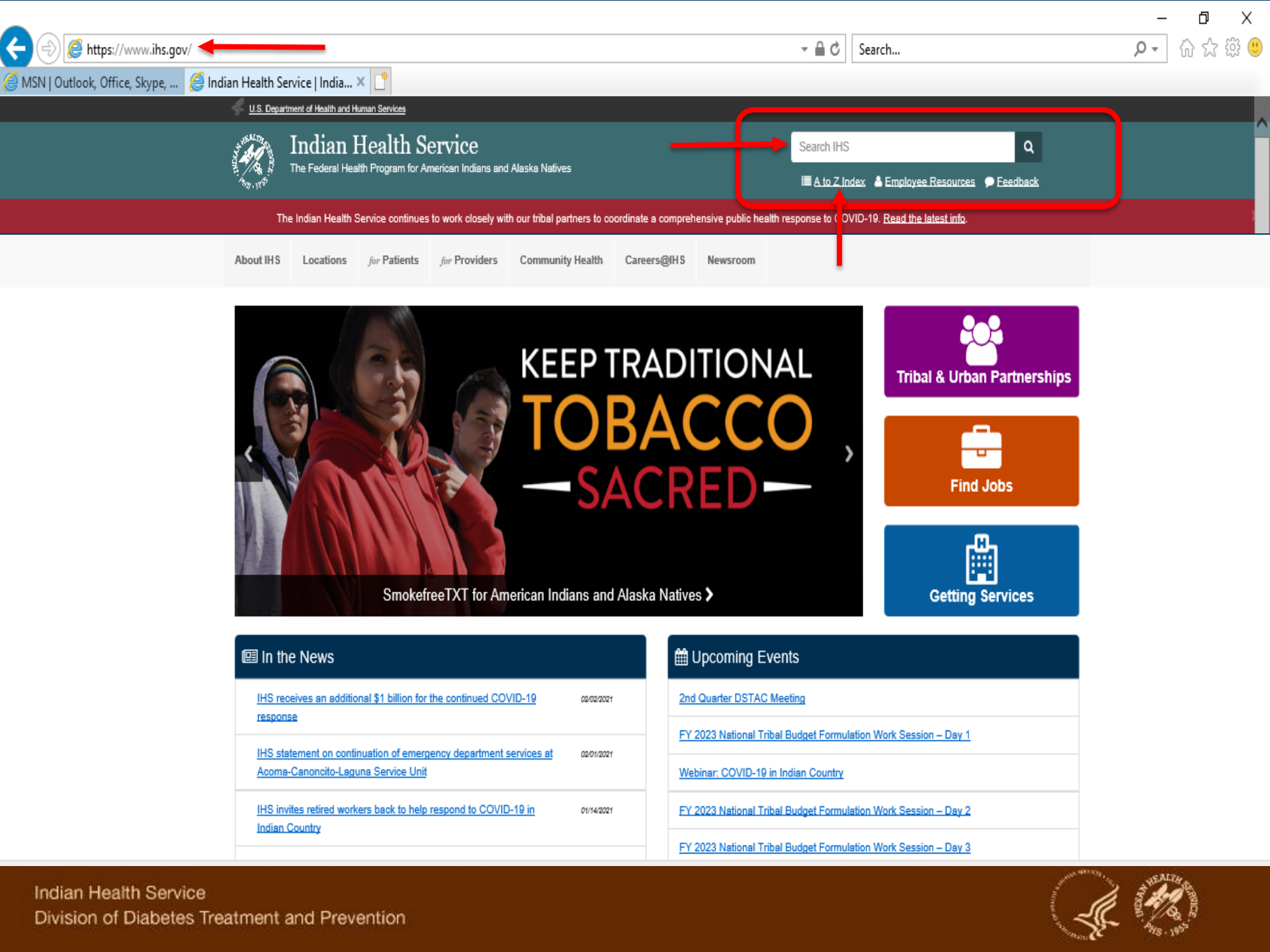
1. 2. 3.

H1DXIHSXXXX-XX-XX

1. Grant number (DX)
 - X = 1: SDPI (Tribes and Urban)
 - X = 3: SDPIS (Self-governance)
 - X = 4: SDPIF (Federal)
2. Grant year – All grantees starting at 01 for 2023
3. Amendment Number – variable
 - 00 = First amendment of the grant year (usually provides funding)

Also Review the Following on Your NoA:

1. Special Grant Term(s)
2. General T&C (Terms and Conditions)
3. Reporting Requirements
4. Programmatic T&C



https://www.ihs.gov/

Search...



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The Indian Health Service continues to work closely with our tribal partners to coordinate a comprehensive public health response to COVID-19. [Read the latest info.](#)

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KEEP TRADITIONAL
TOBACCO
SACRED

SmokefreeTXT for American Indians and Alaska Natives >

Tribal & Urban Partnerships

Find Jobs

Getting Services

In the News

- [IHS receives an additional \\$1 billion for the continued COVID-19 response](#) 02/02/2021
- [IHS statement on continuation of emergency department services at Acoma-Canoncito-Laguna Service Unit](#) 02/01/2021
- [IHS invites retired workers back to help respond to COVID-19 in Indian Country](#) 01/14/2021

Upcoming Events

- [2nd Quarter DSTAC Meeting](#)
- [FY 2023 National Tribal Budget Formulation Work Session – Day 1](#)
- [Webinar: COVID-19 in Indian Country](#)
- [FY 2023 National Tribal Budget Formulation Work Session – Day 2](#)
- [FY 2023 National Tribal Budget Formulation Work Session – Day 3](#)



Your IHS SDPI Partners



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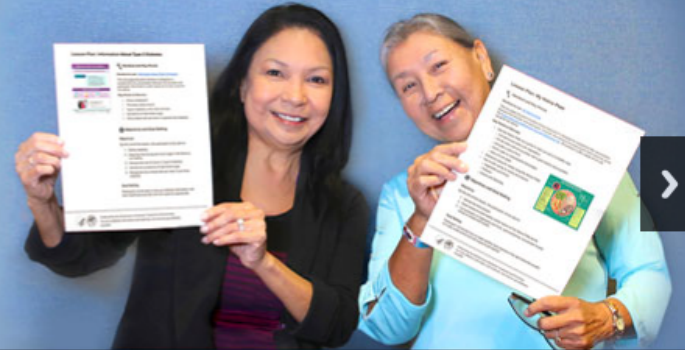
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Special Diabetes Program for Indians (SDPI)

Diabetes Education Lesson Plans include educator resources and participant materials



Eleven plans available >

In response to the diabetes epidemic among American Indians and Alaska Natives, Congress established the SDPI grant programs in 1997. This \$150 million annual grant program, coordinated by [IHS Division of Diabetes](#) with guidance from the [Tribal Leaders Diabetes Committee](#), provides funds for diabetes treatment and prevention to IHS, Tribal, and Urban Indian health programs across the United States.

Search SDPI and Division of Diabetes



[SDPI Basics](#)

Overview of grant expectations and requirements.



[2022 Annual Progress Report](#)

Information, instructions, and documents for the required 2022 Annual Progress Report submission.



[Grant Training](#)

Upcoming and recorded webinars.



[Best Practices](#)

Focused areas for improvement of diabetes prevention and treatment.

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Division of Diabetes Treatment and Prevention (DDTP)

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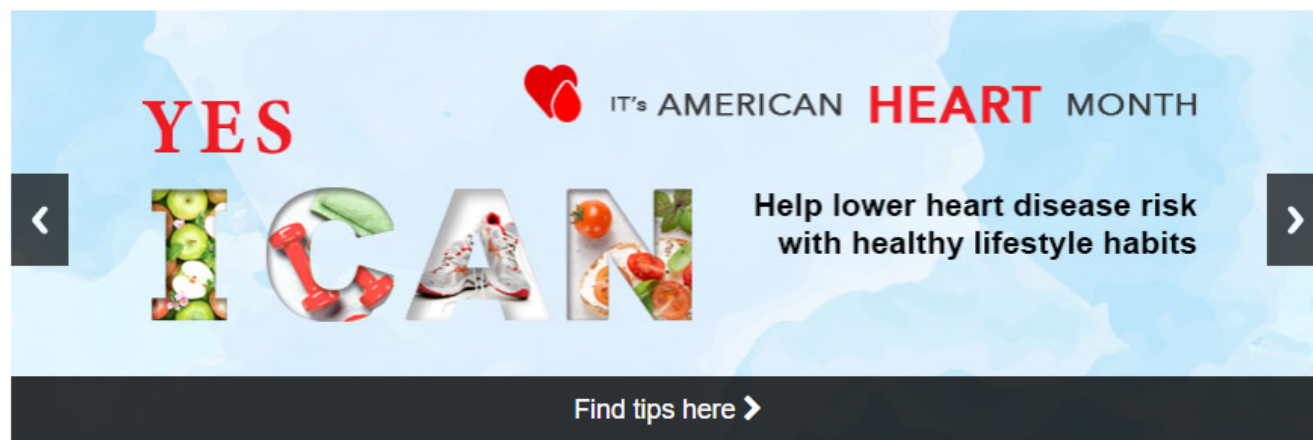
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Clinician CME/CE Training and Resources

- > [CME/CE – Live and On Demand](#)
- > [Diabetes Standards of Care and Resources for Clinicians and Educators](#)
- > [Diabetes Treatment Algorithms](#)



Diabetes Educators and Community Members

- > [Diabetes Educator Tools](#)
- > [Diabetes Education Lesson Plans](#)
- > [Online Catalog](#)



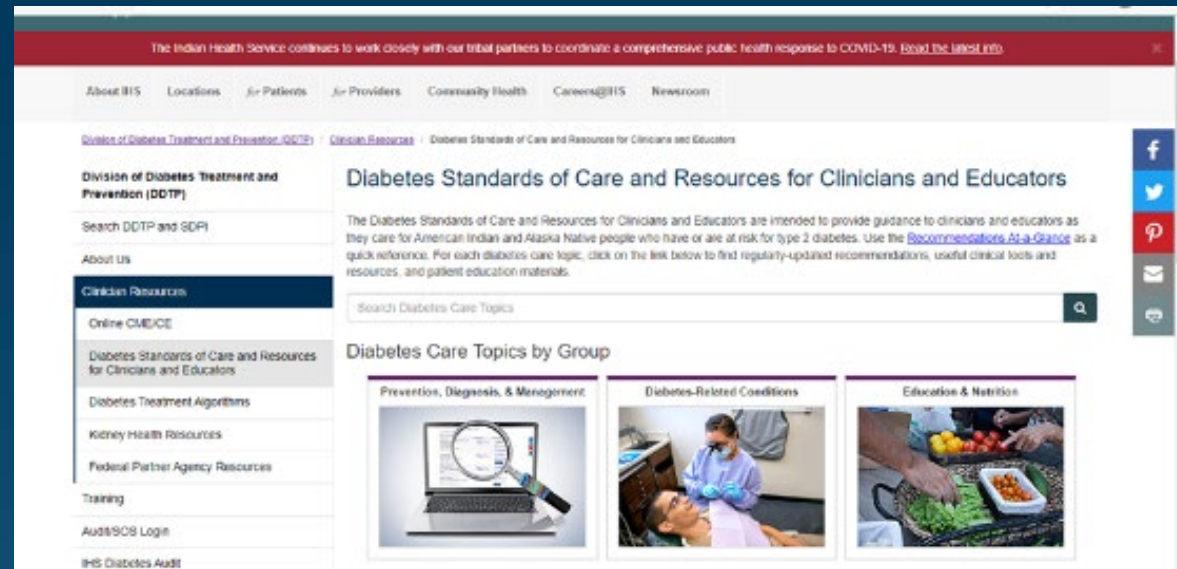
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- > [SDPI Grant Resources](#)
- > [Training for SDPI Grantees](#)
- > [SDPI Outcomes System \(SOS\)](#)
- > [Fact Sheets](#)



Patient Care Resources for Implementing your Best Practice

- [19 SDPI Best Practices](#)
- [IHS Clinical Resources](#)
- [American Diabetes Association Standards of Medical Care in Diabetes-2023](#)
- Local clinical Team



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SDPI Basics

- Are you new to the Special Diabetes Program for Indians (SDPI) grant? Then this page is for you.
- Not new to SDPI? Read through for a refresher – you might learn something new!
- Have any comments or suggestions? Contact the [SDPI Team](#). Also check out [Tips for New Project Directors](#).

What is Required for this Grant

All requirements for this grant can be found in the latest Notice of Award (NoA) issuing new funds. A summary of Programmatic Terms and Conditions, or Expectations, are provided below.

Expectations

What is expected from me?

- **Work with us:** You will be working with the Division of Diabetes, the Division of Grants Management (DGM) and your Area Diabetes Consultant (ADC). For more information on these programs, see step 2 from the [Tips for New Project Directors](#) section.
- **Project Director:** Your program must have a project director who has relevant health care education and/or experience. This person should also be the primary contact to the Division of Diabetes, DGM and their ADC.
- **Implement one Best Practice:** Your program must implement activities and/or services towards improving the Required Key Measure of your program's selected [SDPI Diabetes Best Practice](#).
- **Report Required Key Measure (RKM) data using the SDPI Outcomes System (SOS):** The SOS is a web-based data system for SDPI grant programs. All programs must submit RKM data for their Target Group for their selected Diabetes Best Practice via the SOS. At least one person in your program will need to have access to this system to enter RKM data and download reports.
- **Attend and track SDPI Required Trainings:** The Division of Diabetes hosts trainings that are specific to requirements for grant applications, activities and other related topics. It is up to the grant program to attend and keep track of the trainings they attended. All trainings are recorded and a training tracking tool is continuously updated for each year.

Abbreviations Used

- ADC** – [Area Diabetes Consultant](#)
- DGM** – [Division of Grants Management](#)
- FFR** – Federal Financial Report
- FY** – Fiscal Year
- GMS** – [Grants Management Specialist](#)
- IHS** – [Indian Health Service](#)
- NoA** – Notice of Award
- RKM** – Required Key Measure
- SDPI** – Special Diabetes Program for Indians
- SF** – Standard Form
- SOS** – [SDPI Outcomes System](#)



SDPI Year at a Glance

| What | When (2023) | Includes |
|---------------------------------|-----------------|--|
| Apply | Jun-Oct (2022) | |
| Receive Notice of Award | December (2022) | |
| Budget Period Starts | January (2023) | <ul style="list-style-type: none"> • Identify Target Group • Begin activities • Start collecting RKM Data |
| Baseline RKM Result Due | February (2023) | Submission into SOS |
| Annual Diabetes Audit Due | March (2023) | |
| OPTIONAL Midyear RKM Result Due | June (2023) | |
| Budget Period Ends | December (2023) | <ul style="list-style-type: none"> • End activities • Finish collecting RKM data |
| Final RKM Result Due | January (2024) | Submission into SOS |
| Annual Progress Report Due | March (2024) | |

SDPI Timetable:

https://www.ihc.gov/sites/sdpi/themes/responsive2017/display_objects/documents/SDPI_Timetable23.pdf

Plans for 2023 (and beyond)

1. Grantee webinar presentations
2. Newly formatted SOS
3. New Best Practice
4. Conference?

1. Grantee Webinar Presentations

- Programmatic Terms & Conditions
 - Awardees...provide short presentations on processes and successes
- Call-out for grantee presenters!
 - Want to present on your program? Let us know (sdpi@ihs.gov)!
- Considerations for presentations:
 - Provide overview of your program
 - Highlight activity/service/data collection that can tie back to an SDPI report or SOS data submission.
 - If clinical topic, may consider for offering CME/CE.

2. Newly Formatted SOS

- Newly formatted SOS coming soon – Spring 2023!
 - Mura format – similar to SDPI/DDTP websites and WebAudit
 - White menu that expands
 - Website accommodates various screen sizes
 - Different (limited) color scheme
- Most process steps will remain the same except for the Individual Tool
 - Entering individuals and editing RKM will be made available on the same page

3. New Best Practice

- Per TLDC recommendation, DDTP will develop Diabetes Prevention Best Practice
- Goal is to have this Best Practice available by the time the SDPI 2024 Continuation Application becomes available (July 2023)

4. Conference?

- Will there be an SDPI Conference?
 - Maybe...
 - DDTP has begun discussing the possibility
 - If decided, will announce before next application availability.

Stay in Touch

- SDPI Grantee email list
 - send a request to be added to sdpi@ihs.gov
 - Emails will provide latest updates, webinars, and resources.
- [ADC Directory](#)
 - Stay in touch with your ADC for guidance and local training opportunities/resources.
- [Division of Grants Management/Grants Management Specialist](#)
 - Guidance on budget, forms, grants policy, GrantSolutions.



Questions?

Type questions in the box below titled
“Enter Questions Here!”

Thank you

www.ihs.gov/diabetes/

www.ihs.gov/sdpi/