

**Indian Health Service  
Special Diabetes Program for Indians  
Community-Directed Grant Program  
FY 2020 Continuation Application Project Narrative**

## Instructions

1. **Retrieve** and review the following documents:
  - a. Your program’s FY 2019 application, including the completed Project Narrative.
  - b. Your program’s FY 2019 Notice of (Grant) Award.
  - c. Your local clinic’s 2018 and 2019 Diabetes Care and Outcomes Audit Reports.
  - d. Your program’s FY 2019 SDPI Outcomes System (SOS) Required Key Measure (RKM) Data Summary Report.
2. **Download** a copy of this Project Narrative to your desktop before entering information.
3. **Ensure** [Adobe Acrobat Reader](#)<sup>1</sup> is used to complete this Project Narrative.
4. **Complete** ALL pertinent items in the Project Narrative electronically (do **not** handwrite) by selecting a response from a list or typing the requested information.
5. **Review** the completed Project Narrative to ensure that all required items are filled in. Required items have fields that are outlined in red.
6. **Submit** your completed Project Narrative to your GrantSolutions.gov application kit using the “IHS Division of Diabetes Project Narrative” Enclosure. Browse and upload the original completed Project Narrative; do not merge with other documents or submit a scanned copy of a printed document. **Note:** If you are a sub-grantee, submit your completed Project Narrative per your primary grantee’s specifications.

## Additional Information

1. **Form fields.** Free text fields are not limited to the space you see on the form. Additional text that you enter can be seen by clicking on the plus sign in the lower right-hand corner of the field.
2. **Grantees with sub-grantees** must submit a separate Project Narrative for the primary and each sub-grantee.
3. **Commonly used abbreviations.** Below is a list of commonly used abbreviations that may be found and/or can be used throughout this Project Narrative. Any other abbreviation you use should be spelled and explained the first time they are used.
  - a. ADC = Area Diabetes Consultant
  - b. IHS = Indian Health Service
  - c. I/T/U = Indian/Tribal/Urban
  - d. NoA/NGA = Notice of (Grant) Award
  - e. PDF = Portable Document Format (access using Adobe Acrobat Reader or Pro)
  - f. SDPI = Special Diabetes Program for Indians
  - g. SOS = SDPI Outcomes System
  - h. RKM = Required Key Measure
  - i. RPMS = Resource and Patient Management System
4. Contact your [Area Diabetes Consultant](#)<sup>2</sup> or the SDPI team ([sdpi@ihs.gov](mailto:sdpi@ihs.gov)) if you have any questions or problems.

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<sup>1</sup> Adobe Acrobat Reader download: <http://get.adobe.com/reader/otherversions/>

Program Name:

## Part A. Program Identifiers

A1.1 Date (mm/dd/yyyy):

A1.2 IHS Area:

A1.3 Program Name (Include Tribal or Clinic name):

A1.4 Grant Number (Item 4 on NoA/NGA. If sub-grantee, check with primary program):

A1.5 If you are a sub-grantee, check this box:

A1.6 Information about person completing this Project Narrative.

a. Name:

b. Title:

c. Email:

d. Phone:

A1.7 Is your SDPI program primarily clinic-based, community-based, or both?

## Part B. Review of Diabetes Audit Reports

B1.1 Were you able to obtain copies of your local clinic's Annual IHS Diabetes Care and Outcomes Audit Reports for 2018 and 2019?

If yes, proceed to item B1.2.

If no, submit a copy of your *Waiver from Submitting 2019 Diabetes Care and Outcomes Audit Report* in lieu of submitting Audit Reports. If you do not have a waiver, contact your [Area Diabetes Consultant](#)<sup>2</sup>.

B1.2 Provide two to three items/elements that need to be improved based on the Audit Reports for 2018 and 2019. Consider specific items/elements that can be reasonably addressed by your program and/or clinic staff. **If your program received a Waiver**, provide two to three diabetes-related issues that your program can work on improving.

a. Audit Item/Element	b. Audit 2018 Result (percent)	c. Audit 2019 Result (percent)
1.	%	%
2.	%	%
3.	%	%

<sup>2</sup> ADC Directory: <https://www.ihs.gov/diabetes/about-us/area-diabetes-consultants-adc/>

Program Name:

- B1.3 How can your program assist with improving the items in B1.2? Note that whether your program is clinical or community-based, there are many ways to impact these items.

## Part C. Training and Networking

Per the Programmatic Terms and Conditions, grantees must participate in SDPI required trainings offered by the Division of Diabetes and document their participation. Trainings are primarily live webinars that are recorded for those not able to attend the live webinar. Visit the [Training for SDPI Grantees](#)<sup>3</sup> webpage for more information.

### Section 1: Trainings/Meetings offered in your IHS Area (e.g., by your ADC, Area Tribal organizations, Tribal Epidemiology Center)

- C1.1 List Area SDPI trainings/meetings your program attended so far during the FY 2019 budget period (including site-visits, conference calls, online, face-to-face, and conferences).

### Section 2: Assistance offered by other SDPI Grant Programs

- C2.1 Did your program **receive** assistance or information from other SDPI program(s) in your IHS Area or another IHS Area during the FY 2019 budget period?
- C2.2 If yes, describe what kind of assistance or information you received (e.g., conference calls, online, face-to-face, conferences).

### Section 3: Assistance provided by your SDPI Grant Program

- C3.1 Did your program **provide** assistance or information to other SDPI program(s) in your IHS Area or another IHS Area during the FY 2019 budget period?

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<sup>3</sup> SDPI Grantee Training webpage: <https://www.ihs.gov/sdpi/sdpi-community-directed/sdpi-grant-training/>

Program Name:

- C3.2 If yes, describe what kind of assistance or information you provided and to whom (e.g., conference calls, online, face-to-face, conferences).

## Part D: Leadership and Key Personnel

D1.1 In your FY 2019 Project Narrative, you were asked to identify an organization administrator or Tribal leader that agreed to be actively involved in your program's work (Part D).

- a. Provide the name and role or position that this leader holds.
  
  
  
  
  
  
  
  
  
  
- b. Describe how this leader was involved with the work your program did with FY 2019 SDPI funds.
  
  
  
  
  
  
  
  
  
  
- c. Will this leader continue to be involved with your program's work for FY 2020? If not, identify a new leader that will be involved, including name and role or position and briefly describe how he/she will be involved with the SDPI Program.

D1.2 List all key personnel that will be involved in your program's activities/services. This may be your "Diabetes Team." If there are more than 15 people, provide the information for additional individuals in [Part H, Other Information](#) of this Project Narrative. **Provide a brief resume or biographical sketch for any new key personnel since you submitted your FY 2019 application.**

a. First name	b. Last name	c. Title and credentials	d. Paid with SDPI funds (at least in part)?	e. How long involved with your program?
1.		Diabetes Program Coordinator Credentials:		
2.				
3.				
4.				

Program Name:

a. First name	b. Last name	c. Title and credentials	d. Paid with SDPI funds (at least in part)?	e. How long involved with your program?
5.				
6.				
7.				
8.				
9.				
10.				
11.				
12.				
13.				
14.				
15.				

### Part E: Partnerships and Collaborations

E1.1 Use the table below to provide information on any new partnerships that were not included in your FY 2019 application and/or any discontinued partnerships. If there are more than five changes in Partnerships/Collaborations, provide this information in [Part H, Other Information](#) of this Project Narrative. **If there are no new or discontinued partnerships, proceed to [Part F](#).**

a. Partner Name	b. New or discontinued?	c. <b>If discontinued:</b> briefly describe why <b>If new:</b> briefly describe services provided/primary focus of partnership
1.		
2.		
3.		
4.		
5.		

Program Name:

## Part F. SDPI Diabetes Best Practice

Per the [Funding Opportunity Announcement](#)<sup>4</sup> Cooperative Agreement, Grantees must select one SDPI Diabetes Best Practice (also referred to as “Best Practice”). During the FY 2020 budget period, grantees will implement their selected Best Practice activities/services, as well as track and report data on their Target Group for their Required Key Measure (RKM) in the SDPI Outcomes System (SOS).

There is a list of all the Best Practices on the [SDPI Diabetes Best Practices](#)<sup>5</sup> webpage. Each Best Practice includes a brief statement on the importance, RKM information, guidance for selecting a Target Group, and tools and resources. An [SDPI Diabetes Best Practices List and Summary Table](#)<sup>6</sup> is also available for quick reference. For the FY 2020 application, grantees may propose to:

1. Continue work on the same Best Practice selected in their FY 2019 application. This could include:
  - a. Continuing FY 2019 activities or proposing new ones.
  - b. Continuing with the same Target Group or proposing a new one.
2. Select a different SDPI Diabetes Best Practice with an appropriate Target Group that may be different than the Target Group you worked with in FY 2019.

### Section 1: Best Practice and Required Key Measure Information for FY 2019

Submit a copy of your program’s RKM Data Summary Report from the SOS, which includes the following:

- Your program’s selected Best Practice
- Target Group number
- Target Group description
- Required Key Measure baseline data

Per the Terms and Conditions, grantees must submit data for the RKM of their selected Best Practice into the SOS at the start and end of each budget period. All grantees should have already submitted baseline RKM data for FY 2019 and must do so before submitting an FY 2020 Continuation Application. Contact your [Area Diabetes Consultant](#)<sup>2</sup> or the SDPI team ([sdpi@ihs.gov](mailto:sdpi@ihs.gov)) if you are having difficulty submitting the required information.

### Section 2: Best Practice, Target Group number and description, and Activities for FY 2020

F2.1 SDPI Diabetes Best Practice selected:

- a. Briefly describe why you selected this Best Practice.

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<sup>4</sup> FY 2016 Funding Opportunity Announcement:

[https://www.ihs.gov/sites/sdpi/themes/responsive2017/display\\_objects/documents/fy16\\_sdpi\\_c-d\\_foa\\_final.pdf](https://www.ihs.gov/sites/sdpi/themes/responsive2017/display_objects/documents/fy16_sdpi_c-d_foa_final.pdf)

<sup>5</sup> SDPI Diabetes Best Practices: <https://www.ihs.gov/sdpi/sdpi-community-directed/diabetes-best-practices/>

<sup>6</sup> Best Practices Summary:

[https://www.ihs.gov/sites/sdpi/themes/responsive2017/display\\_objects/documents/bestpractices/SDPI\\_FY16\\_BP\\_Summary.pdf](https://www.ihs.gov/sites/sdpi/themes/responsive2017/display_objects/documents/bestpractices/SDPI_FY16_BP_Summary.pdf)

Program Name:

b. Is this is a different Best Practice than the one your program selected for FY 2019?

F2.2 **Required Key Measure (RKM):** Review the [summary table](#)<sup>6</sup>. Enter the RKM for your selected Best Practice as it appears in the table.

F2.3 **Proposed Activities/Services:** What activity(ies)/service(s) do you propose to implement in FY 2020 that would improve the RKM for your program’s Best Practice? List each activity/service planned and provide a brief description. If there are more than ten activities, provide this information in [Part H, Other Information](#) of this Project Narrative.

a. <b>Activities</b> (List each activity/service planned and provide a brief description)	b. <b>Timeframe</b> (When will this activity be implemented?)
1.	
2.	
3.	
4.	
5.	

Program Name:

a. <b>Activities</b> (List each activity/service planned and provide a brief description)	b. <b>Timeframe</b> (When will this activity be implemented?)
6.	
7.	
8.	
9.	
10.	

**Target Group**

Grantees will be required to report RKM data for one Target Group for their selected Best Practice. A Target Group is the largest number of patients/participants that you can realistically include in the activities/services you provided above in item F2.3 for the budget period and collect and submit RKM data for. The following should be considered in selecting your Target Group:

1. The size and characteristics (e.g., ages, health status, settings, locations) of the community or patient population that you are going to draw your Target Group from,
2. Intensity of the activities/services you plan to do,
3. SDPI funding and other resources available to provide activities/services,
4. Source for RKM data.



Program Name:

**To determine your Target Group, complete the following steps:**

**Step one:** Review the Target Group Guidance for your selected Best Practice in the [summary table](#)<sup>6</sup>.

**Step two:** From those in step one, determine which group of patients/participants you plan to serve and for whom you will collect and report RKM data. Consider characteristics such as:

- Ages (e.g., youth, elders, women of reproductive age, ages 40 – 75 years)
- Health status (e.g., at risk for diabetes, prediabetes, new onset diabetes, diabetes complications)
- Settings (e.g., school, senior home, clinic)
- Geographic locations (e.g., areas of the reservation, villages, communities)

**Step three:** Determine approximately how many patients/participants in your community/clinic are in the group you defined in step two.

**Step four:** Assess the intensity of your Best Practice activities/services. The intensity will affect the number of patients/participants you can serve (i.e., higher intensity activities/services = smaller Target Group; lower intensity activities/services = larger Target Group).

- **High intensity:** Require most staff time and resources per patient/participant.  
Examples: Diabetes Prevention Program intervention, intensive clinical case management.
- **Medium intensity:** Require moderate staff time and resources per patient/participant.  
Examples: Diabetes education classes, periodic diabetes clinical care.
- **Low intensity:** Require less staff time and resources per patient/participant.  
Examples: Depression screening, foot exams.

**Step five:** Considering the total number of potential patients/participants in step three, the intensity of the planned activities/services as assessed in step four, and SDPI and other resources available, determine the number of patients/participants that you are able to realistically serve and collect and submit RKM data for. This is the number of members that will be in your Target Group.

F2.4 Are you changing your Target Group (number and/or description) from FY 2019?

F2.5 Based on the steps provided above, what is the number of patients/participants in your FY 2020 Target Group?

F2.6 Describe your FY 2020 Target Group (see Steps one and two).

F2.7 Briefly describe how your program's Target Group number was determined.

Program Name:

## **Part G. Activities/Services not related to selected Best Practice (Optional)**

Provide information for up to five major activities/services not related to your selected Best Practice that you are proposing to implement using FY 2020 funds. If you are not proposing additional activities/services, skip to [Part H](#). Activities/services reported here should be based on the following criteria:

- Utilize the most grant funding and program time.
- Address significant needs/challenges. This could include the items from your review of the Diabetes Audit Reports ([Part B](#))

### **Activity/Service #1**

G1.1 What activity/service will you be providing with your SDPI funds (not related to your selected Best Practice) to reduce risk factors for diabetes and related conditions?

G1.2 **Target Group for this activity/service:** See the [Target Group section](#) (steps two – five) on how to select a Target Group.

a. What is the number of patients/participants in your Target Group for this activity/service?

b. Describe your Target Group for this activity/service.

c. Briefly describe how your program's Target Group number was determined.

G1.3 What improvements do you anticipate will result from implementing this activity/service?

G1.4 How will you evaluate whether these improvements occurred?

Program Name:

**Activity/Service #2**

G2.1 What activity/service will you be providing with your SDPI funds (not related to your selected Best Practice) to reduce risk factors for diabetes and related conditions?

G2.2 **Target Group for this activity/service:** See the [Target Group section](#) (steps two – five) on how to select a Target Group.

a. What is the number of patients/participants in your Target Group for this activity/service?

b. Describe your Target Group for this activity/service.

c. Briefly describe how your program's Target Group number was determined.

G2.3 What improvements do you anticipate will result from implementing this activity/service?

G2.4 How will you evaluate whether these improvements occurred?

Program Name:

**Activity/Service #3**

G3.1 What activity/service will you be providing with your SDPI funds (not related to your selected Best Practice) to reduce risk factors for diabetes and related conditions?

G3.2 **Target Group for this activity/service:** See the [Target Group section](#) (steps two – five) on how to select a Target Group.

a. What is the number of patients/participants in your Target Group for this activity/service?

b. Describe your Target Group for this activity/service.

c. Briefly describe how your program's Target Group number was determined.

G3.3 What improvements do you anticipate will result from implementing this activity/service?

G3.4 How will you evaluate whether these improvements occurred?

Program Name:

**Activity/Service #4**

G4.1 What activity/service will you be providing with your SDPI funds (not related to your selected Best Practice) to reduce risk factors for diabetes and related conditions?

G4.2 **Target Group for this activity/service:** See the [Target Group section](#) (steps two – five) on how to select a Target Group.

a. What is the number of patients/participants in your Target Group for this activity/service?

b. Describe your Target Group for this activity/service.

c. Briefly describe how your program's Target Group number was determined.

G4.3 What improvements do you anticipate will result from implementing this activity/service?

G4.4 How will you evaluate whether these improvements occurred?

Program Name:

**Activity/Service #5**

G5.1 What activity/service will you be providing with your SDPI funds (not related to your selected Best Practice) to reduce risk factors for diabetes and related conditions?

G5.2 **Target Group for this activity/service:** See the [Target Group section](#) (steps two – five) on how to select a Target Group.

a. What is the number of patients/participants in your Target Group for this activity/service?

b. Describe your Target Group for this activity/service.

c. Briefly describe how your program's Target Group number was determined.

G5.3 What improvements do you anticipate will result from implementing this activity/service?

G5.4 How will you evaluate whether these improvements occurred?

Program Name:

## Part H. Additional Program Information

H1.1 Does your SDPI program provide any activities/services for children and/or youth?

H1.2 The following general information is being requested about diabetes related services and activities that are available in your diabetes program, health care facility, or community. Indicate whether the following are available:

A. Program/Activity	B. SDPI Program Involvement	C. Community or Facility Involvement Other than SDPI
1. Diabetes team(s) (people working together to provide coordinated care to individuals with diabetes)		
2. Diabetes registry (list of people with diabetes)		
3. Diabetes clinic(s)		
4. Registered dietitian(s)		
5. Diabetes educator(s)		
6. Physical activity specialist(s)		
7. Organized diabetes education (individual or group classes)		
8. Access to culturally appropriate diabetes education material		
9. Talking circles, support groups		
10. Nutrition services for children and youth		
11. Nutrition services for adults		
12. Nutrition services for families		
13. Weight management programs for children and youth		
14. Weight management programs for adults		
15. Community fitness programs, such as walking or running groups or events		
16. Community exercise classes, such as aerobics or strength building		
17. School-based nutrition services for children and youth		
18. School-based healthy eating programs for children and youth		
19. School-based physical activity programs for children and youth		
20. Diabetes prevention for children and youth		
21. Community-based physical activity programs for children and youth		
22. Playground construction or improvement		
23. Physical activity programs for school-age youth		
24. Safe environments that encourage physical activity		
25. Partnership or collaboration with social services		
26. Partnership with local school systems		
27. Clinic and/or community-based services specifically for men's health		

Program Name:

A. Program/Activity	B. SDPI Program Involvement	C. Community or Facility Involvement Other than SDPI
28. Clinic and/or community-based services specifically for women’s health		
29. Clinic-based services specifically for youth		
30. Use of social media (e.g. facebook, texting)		

**Other Information (optional)**

H2.1 If there is any other information you would like to share about your SDPI program, including additional program staff or partnerships, add it here.

**You have now completed the Project Narrative. Save this PDF document to your computer before closing.**

Attach your completed Project Narrative to your GrantSolutions.gov application kit using the “IHS Division of Diabetes Project Narrative” Enclosure.

**Note:** If you are a sub-grantee, submit this completed Project Narrative per your primary grantee’s specifications.

*Visit the [SDPI FY 2020 Application webpage](#)<sup>7</sup> for further information.*

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<sup>7</sup> SDPI FY 2020 Application: <https://www.ihs.gov/sdpi/sdpi-community-directed/application-reports/>