

**Case management appointment**

Whiteriver IHS Service Unit

Dear \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_:

You have a Healthy Heart appointment scheduled on \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ at \_\_\_\_\_.

It is always important to call if you are not able to keep an appointment. You can call me at 928-338-3612 with any questions. If I am not there, Christina Gooday can help you reschedule your appointment. Her number is 928-338-3698.

Remember to bring your glucose monitor to your appointments as well. Other things that are good to bring to appointments are food journals, activity journals, or medicine bottles. These are great tools to help get your diabetes, blood pressure, and cholesterol under control. We would love to review them with you.

Take care and I look forward to meeting with you again!

Sincerely,

Kristy Klinger

Case Manager

Healthy Heart Project

