

When you visit an IHS health care provider, you are encouraged to:

Request a chaperone for examinations, if you desire. For certain sensitive examinations, a chaperone is required.

Speak up if you have questions about your care or feel uncomfortable.

Talk with a patient advocate about any concerns.

Local Patient Advocate



If you have any concerns about IHS staff conduct, please call **1-855-SAFE-IHS** or report online at https://www.ihs.gov/sexualabuseprevention/hotline. You can remain anonymous if desired.