

EBT- Suicide Prevention Training Programs

Program	Requirements	Audiences	Program Highlights	Program Objectives	Website
American Indian Life Skills Development	3-day, on-site Key Leader training (includes 6 hours of phone consultation) \$9,000 per site plus travel expenses.	American Indian and Alaskan Native youth aged 13-17, provided in school setting and community setting.	The curriculum includes 28 to 56 lesson plans. The curriculum typically is delivered over 30 weeks during the school year, with students.	Reduce suicide risk and improving protective factors among American Indian adolescents 14 to 19 years old.	Teresa D. LaFromboise Ph.D. , 650-723-1202
Applied Suicide Intervention Skills Training (ASIST)	Training for trainers: \$2,600 per individual for 5- day course (includes instructors, materials, and site requirements) Training for gatekeepers: 14 hours over 2 days for training; \$36 for materials (intervention handbook, workbook, wallet-size prompter card, certificate, consumables).	Caregivers (e.g., those seeking to reduce immediate risk of suicide), clergy, counselors, community, volunteers, law enforcement. Who is helped: Clients of caregivers; individuals at risk for suicide Size of training group: Groups of 15, 24, or 30 in 'training for trainers'; up to 30 in 'training for gatekeepers.'	Participatory work groups Mini-lectures, facilitated discussions, group simulation, and role play Training in suicide first aid Also available in Spanish and French; can be culturally adapted.	Raise awareness of societal attitudes about suicide Enhance communication , identification, and intervention skills Increase knowledge of resources for both caregivers and people at risk.	SPRC Resources and Programs
In Harm's Way: Law Enforcement Suicide Prevention	Training for trainers: Eight hour program; available at no charge.	Who is trained: Law enforcement and corrections professionals serving as peer trainers.	Trainers learn stress management and suicide prevention for law enforcement professionals.	Increase understanding of the stressors and culture in law enforcement.	In Harm's Way: Law Enforcement Suicide Prevention

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More Than Sad: Suicide Prevention Education for Teachers and Other School Personnel	Training for gatekeepers: Materials including 2 DVDs and accompanying guides) can be purchased from the AFSP online store \$99.99. Educators should be familiar with their school's crisis management plan, policies on bullying and harassment and procedures for referring students for mental health and evaluation.	Who is trained: Teachers and other school personnel; also suitable for parents and other adults who care for or work with youth Who is helped: Teens/youth Size of training group: Unspecified.	The program is built around two 25-minute DVDs intended for teens and to show adults how a potentially life-threatening mental health disorder can present in teens. Also includes a 42 page instruction manual for program participants and slides for teacher trainers.	Increase awareness of the problem of teen suicide and how it can be effectively treated and prevented Increase understanding of mental disorders and other risk factors for teen suicide, so that they are better prepared to identify and refer student who may be at risk.	More Than Sad: Suicide Prevention Education for Teachers and Other School Personnel
Operation S.A.V.E.: VA Suicide Prevention Gatekeeper Training	Veterans Crisisline.net To request services contact the VA Suicide Prevention Coordinator (SPC) to request training.	Who is trained: Lay and professional gatekeepers Who is helped: Individuals at risk for suicide Size of training group: Minimum of 20 participants in a live training for trainers; up to 35 participants in a live training for gatekeepers.	Multimedia training format.	Increase knowledge of the problem of suicide among veterans Increase awareness of the importance of suicide prevention Increase knowledge of myths of suicide.	Veteran's Crisis Line

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QPR (Question, Persuade, Refer)	Training for trainers: \$495 for 12-hour QPR certified instructor self-study course (certification for 3 years); \$395 for 8-hour live training (certification for 3 years) Training for gatekeepers: Cost varies depending on instructor; \$29.95 for online training; 1-2 hours for standardized training; \$2 per set for trainee materials (QPR booklet & card).	Who is trained: Lay and professional gatekeepers Who is helped: Individuals at risk for suicide Size of training group: Minimum of 10 participants in a live training for trainers; up to 35 participants in a live training for gatekeepers.	Multimedia format Training uses "chain of survival" approach for recognizing and responding positively to warning signs and behaviors Training on questioning at-risk individuals in order to determine suicide intent/desire, persuading a person to agree to seek help, and referring a person to appropriate resources Available in other languages; can be culturally adapted.	Increase ability to identify an individual who may be at risk for suicide Increase ability to intervene effectively with those at risk for suicide Increase ability to refer someone at risk for suicide to an appropriate resource.	QPR Gatekeeper Training for Suicide Prevention
QPR for Law Enforcement	Training for gatekeepers: The 90-minute program costs \$119 per person; volume discounts are available.	Who is trained: Law enforcement personnel Who is helped: Individuals at risk for suicide; members of the community Size of training group: Not specified.	Training is delivered online. Participants are taught how to recognize and respond to someone exhibiting early suicide warning signs by Questioning about their intent, Persuading them to accept or seek help and Referring them to appropriate resources.	Increase knowledge of the warning signs for suicide. Increase ability to intervene effectively with those at risk for suicide. Increase ability to refer someone at risk for help.	QPR for Law Enforcement

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Yellow Ribbon International Suicide Prevention Program	Train the Trainers Model: Two day training program (includes program material). Adults- \$395.00 Youth/Seniors: \$295.00	Professionals, General Public, School staff, First Responders (LEO, Fire & EMS), Faith-based leaders, Tribal, Cultural, LGBTQ and Elders.	A grass-roots, community based, volunteer organization developed to serve youth and the communities to address youth/teen suicide through public awareness, education and training to help communities build new and/or strengthen existing programs.	Program Review, Community Readiness Preparation, and provide Suicide Prevention Gatekeeper Training.	Email: Yellow Ribbon International Suicide Prevention Program