

The COVID-19 pandemic is not over, and it may not be over for a while. There are three easy ways to help your community reach immunity.

## Get vaccinated.

- No matter which vaccine you get, all available COVID-19 vaccines are effective at preventing serious and potentially deadly effects from COVID-19 while also lowering your chances of infection with the virus.
- Most clinics are now able to provide vaccines for everyone 12 years of age and older.

## Get the second dose.

If you receive the Pfizer or Moderna vaccine, you need to get a second dose a few weeks later. The second shot is especially important, as it provides the full protection you want from a vaccine.



2.

## Continue to protect yourself and your loved ones.

COVID-19 vaccines are effective at protecting you from getting sick. Based on what we know about COVID-19 vaccines, people who have been fully vaccinated can start to do some things that they had stopped doing because of the pandemic.

You are not considered fully vaccinated until two weeks after you receive the 2nd dose of the Pfizer or Moderna vaccine, or 2 weeks after receiving the single dose Johnson & Johnson's Janssen vaccine.

Until then, there are three easy steps to stay safe:

- Wear a mask.
- Wash your hands.
- Watch your distance (6 feet or more)

Protecting yourself will help to protect those around you who may not be able to get vaccinated.

For more information on vaccine safety, community supports, and continued protection against COVID, visit https://www.ihs.gov/vaccine

Together, we can reach community immunity.