



YOUTH REGIONAL TREATMENT CENTERS



The Indian Health Service currently provides recurring funding to **13** tribally and federally operated youth regional treatment centers (YRTCs) to address the ongoing issues of substance use and co-occurring disorders among American Indian and Alaska Native youth. Through education and culture-based prevention initiatives, evidence- and practice-based models of treatment, family strengthening, and recreational activities, youth can overcome their challenges and recover their lives to become healthy, strong, and resilient leaders in their communities. Visit www.ihs.gov/YRTC for more information.

IHS-FUNDED YOUTH REGIONAL TREATMENT CENTERS



FEDERALLY OPERATED

- Desert Sage Youth Wellness Center
- Desert Visions Youth Wellness Center
- Great Plains Area Youth Regional Treatment Center
- Nevada Skies Youth Wellness Center
- New Sunrise Regional Treatment Center
- Sacred Oaks Healing Center
- Unity Healing Center



TRIBALLY OPERATED

- Graf Rheeneerhaanji (The Healing Place)
- The Healing Lodge of Seven Nations
- Jack Brown Youth Regional Treatment Center
- Native American Rehabilitation Association of the Northwest
- Navajo Regional Behavioral Health Center
- Yéi Jééyáx Raven's Way



SERVICES

The YRTCs provide a range of clinical services rooted in a culturally relevant, holistic model of care. These services include clinical evaluation, substance use education, group, individual, and family psychotherapy, art therapy, adventure-based counseling, life skills, medication management or monitoring, evidence-based/practice-based treatment, aftercare relapse prevention, and post-treatment follow-up services.



Clinical evaluation



Substance use education & group services



Individual & family psychotherapy



Adventure-based counseling & life skills



Medication management or monitoring



Aftercare relapse prevention & post-treatment follow-up



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