



FACT SHEET

YOUTH REGIONAL TREATMENT CENTERS

Indian Health Service currently provides recurring funding to 12 tribally and federally operated youth regional treatment centers (YRTCs) to address the ongoing issues of substance abuse and co-occurring disorders among American Indian and Alaska Native youth. Through education and culture-based prevention initiatives, evidence- and practice-based models of treatment, family strengthening, and recreational activities, youth can overcome their challenges and recover their lives to become healthy, strong, and resilient leaders in their communities. Visit www.ihs.gov/YRTC for more information.

Mission Statement

The mission of YRTCs is to provide quality, holistic behavioral health care for American Indian and Alaska Native adolescents and their families in a substance-free, residential environment that integrates traditional healing, spiritual values, and cultural identification.

IHS-Funded Youth Regional Treatment Centers

Federally Operated

Desert Sage Youth Wellness Center
Desert Visions Youth Wellness Center
Great Plains Area Youth Regional Treatment Center Nevada
Skies Youth Wellness Center
New Sunrise Regional Treatment Center
Unity Healing Center

Tribally Operated

Graf Rheeneerhaanjii
The Healing Lodge of Seven Nations
Jack Brown Youth Regional Treatment Center
Native American Rehabilitation Association of the Northwest
Navajo Regional Behavioral Health Center
Yéil Jeeyáx- Raven's Way

Services

The YRTCs provide a range of clinical services rooted in a culturally relevant, holistic model of care. These services include: clinical evaluation, substance abuse education, group, individual and family psychotherapy, art therapy, adventure-based counseling, life skills, medication management or monitoring, evidence-based/practice-based treatment, aftercare relapse prevention, and post-treatment follow-up services.

Contact

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