

Eastern Navajo Suicide Crisis Response Team

2016 National I.H.S. Behavioral Health Conference

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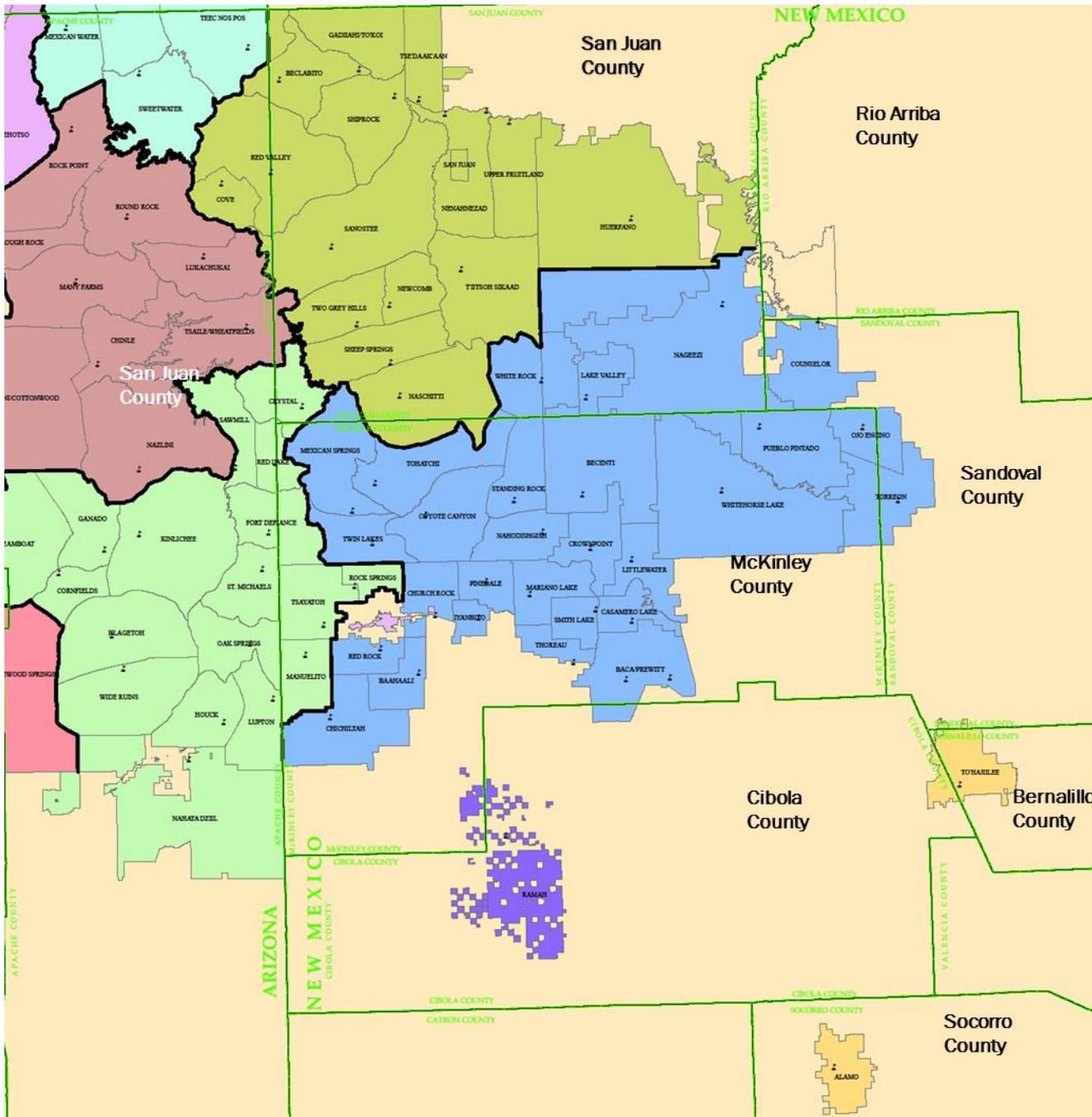
Portland, Oregon

PRESENTERS

- Marjorie Werito, MPH, CHES, Division of Public Health
- Karen Arviso, MPH, Division of Public Health
- Beverly Bowman, Health Technician, Division of Public Health
- Eastern Navajo Suicide Crisis Response Team
 - Willis Martine, Sr. Police Officer, Crownpoint Police District
 - Virginia L. Nelson, Program Supervisor, Office of Dine' Y.O.U.T.H.
 - Jimmie Toledo, Recreation Specialist, Office of Dine' Y.O.U.T.H.

EASTERN NAVAJO AGENCY





- McKinley County
- Bernalillo County
- Cibola County
- Rio Arriba County
- San Juan County
- Sandoval County
- Socorro County

Several communities fall under 2-3 counties

BACKGROUND

- 2010 Suicide Cluster within the Crownpoint Service Unit, Navajo Area
- Developed a Unified Incident Command Team
- Training identified for resources and communities
- Developed a Suicide Postvention Committee and Suicide Crisis Response Team

GOAL

- The Suicide Crisis Response Team was established to provide assistance to individual and families when a suicidal crisis occurs and to prevention contagion

OBJECTIVE

- To support and debrief those affected by a suicidal ideation, threat, attempt and death
- Reduce the possibility of suicidal contagion by increasing suicidal prevention education, intervention and postvention

METHOD

- Identify and recruit key stakeholders
- Developed a flow chart
- Conducted several suicidal crisis mock drill
- Developed a Suicide Crisis Response team & Team Lead
- Developed a “Standard Operations Procedure”
- Developed a “Suicide Crisis Response Reporting & Follow-Up Form

PROCEDURES

- Respond to calls received by Law Enforcement
- Respond to the location once the scene has been deemed safe
- Will make contact with the lead Law Enforcement Officer (upon arrival & before leaving location)
- Will focus on the victim and/or the family members to provide emotional support

PROCEDURES

- Can make referrals for additional support
- Can provide Grief Recovery Method[®] sessions (individual or group)
- Will meet the ambulance, if needed
- Will take the “universal precaution” when on scene
- Will debrief within 72 hours of the incident**

Eastern Navajo Suicide Crisis Response Process

Suicide Crisis Call	Law Enforcement	1st Responders will be notified	Suicide Crisis Response Team will be notified	Crisis Response Teams
Crownpoint Police District Dispatch Or Metro Dispatch	Dispatch will make contact with Crownpoint NPD Police Officer	Emergency Medical Services (Ambulance) Criminal Investigation/OMI	Dispatch will make contact with Suicide Crisis Response Team Lead	Crownpoint Response Team Thoreau Response Team
Will receive a suicidal crisis call	If NPD not available: County or State will respond to call until NPD arrives	Vol. Fire Department Health Care – ER Social Services (if children are involved)	Team Lead will contact response team in area closet to location of crisis	Gallup/Tohatchi Response Team
		Additional resources: Navajo Technical University Security		**Ojo Encino Response Team
				**Tohajiilee/Alamo Response Team
				**Zuni Response Team
				**re-establishing team Services

RESULTS

Calls received by Crownpoint Police District-Navajo

	Male	Female	2014	2015	2016	Total	Intox
Death by Suicide	19	4	8	9	6	23	7
Suicidal Attempt	57	36	19	35	39	93	41
Suicidal Threat	59	31	20	48	22	90	31
Suicidal Ideation	19	14	7	17	9	33	5
Non-Suicidal Self-Injury (NSSI)	1	7	2	5	1	8	0
Mental Health Crisis	17	3	9	9	2	20	0
Other	13	18	11	19	1	31	6
TOTAL	185	113	76	142	80	298	90
2014: April - December							
2015: January - December							
2016: January - June							
<i>Source: EN Suicide Crisis Response Team</i>							

TRAINING

- Training is provided to all Suicide Crisis Response Team members, 1st Responders, Resources and community members
 - Mental Health First Aid (Adult Basic, Youth, etc.)
 - QPR (Question, Persuade, Refer) Suicide Prevention
 - Suicide Postvention for Community & Law Enforcement
 - Crisis Intervention Training: Mental Health Encounters
 - Critical Incident Stress Debriefing (Individual/Group)
 - Law Enforcement Training Initiative
 - Other

VOLUNTEER

- Background Check
- Application
- New Volunteers are required to attend mandatory training before responding
- Confidentiality

CHALLENGES

- Community member vs Non-community member
- Dedicated volunteers to respond 24/7
- Confidentiality
- Funding
- Burn out
- Jurisdiction

CONCLUSION

- Helped over 275 individuals, with suicidal and mental health crises
- Allow Law Enforcement to do the investigation
- Building partnership with other law enforcement agencies (county & state)
- Provide technical assistance to other communities
- Time = Patience (it's not going to happen overnight)

AHÉHEE!



Suicide Crisis Response Team



Eastern Navajo

