Overview

- Building an Integrated Clinic
- Integration in a Rural Setting
- Screening and Treatment Planning
- Implications
Santo Domingo Pueblo, New Mexico

Community Description

- Total Population
- Adults
- Children
- Registered Tribal Members
- Registered Tribal Member living on the reservation
- Provider Staffing

Clinic Description

- Tribal 638 Facility

  Departments
  - Dental
  - Audiology
  - Optometry
  - Primary Care
    - SDPI
    - Nephrology
    - Pediatrician
    - Dietician
    - Physical Therapist
    - Podiatrist
    - Ob/Gyn
  - Wound Care Clinic
  - Behavioral Health
  - Pharmacy
  - Lab
  - Purchased Referred Care (PRC)
The Integration Continuum

Integration is a model of collaborative care in which the behavioral health provider and primary care provider work together within a shared system to provide care for a patient (Hunter, Goodie, Oordt & Dobmeyer, 2009).
Buy-In

- Governing Body
- Administration

Staff
- Communication
- Transparency
- Decision making
Practical Considerations

- Space
- Staffing
- Clinic Layout & Flow
- Budget
- Training
- Change
How Integration began at SDHC

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Integration in Action

- Holistic Approach
- Case Staffings
- PRC Staffings
- Med-Exec Committee
- Warm Hand Offs
- Consults
- SDPI Patient Referrals
- GPRA Screenings
- Medical Clearances
- Case Management
- Psychological Evaluations for Social Security Disability
- Competency Evaluations
- Prescribing Psychologist trainee program
- Imminent Danger Protocol
- Intoxicated Patients Protocol
Common BH Concerns in Primary Care Settings

- Depression
- Anxiety
- Insomnia
- Tobacco
- Physical Inactivity
- Overeating
- Diabetes
- Pain Management
Screening Process

- Clinic Process
- BH related GPRA measures

- Importance of Engagement
- Warm Hand Offs
Integrated Treatment Planning

- Strengths based care
- Relaxation Training
- Goal Setting
- Motivational Interviewing
- Problem Solving
- Self-Monitoring
- Assertive Communication
- Mindfulness
- Physical Work Ups & Follow Ups
Successes

 Community Acceptance & Trust
  • Cultural beliefs and expectations impact health literacy and health behaviors (Richmond & Jackson, 2016).
  • Cultural congruency in a patient/provider relationship means that the treatment matches the patient’s values, expectations, and is appropriate within their cultural context (Constantino, Malgady, & Primavera, 2009).

 Comprehensive and Holistic Care
Contact Information

Cynthia E. Guzmán, PhD
Behavioral Health Program Manager
cguzman@kp-hc.org

Dave Panana, BSN
Health Center Director & Acting CEO
dpanana@kp-hc.org

Kewa Pueblo Health Corporation
dba Santo Domingo Health Center