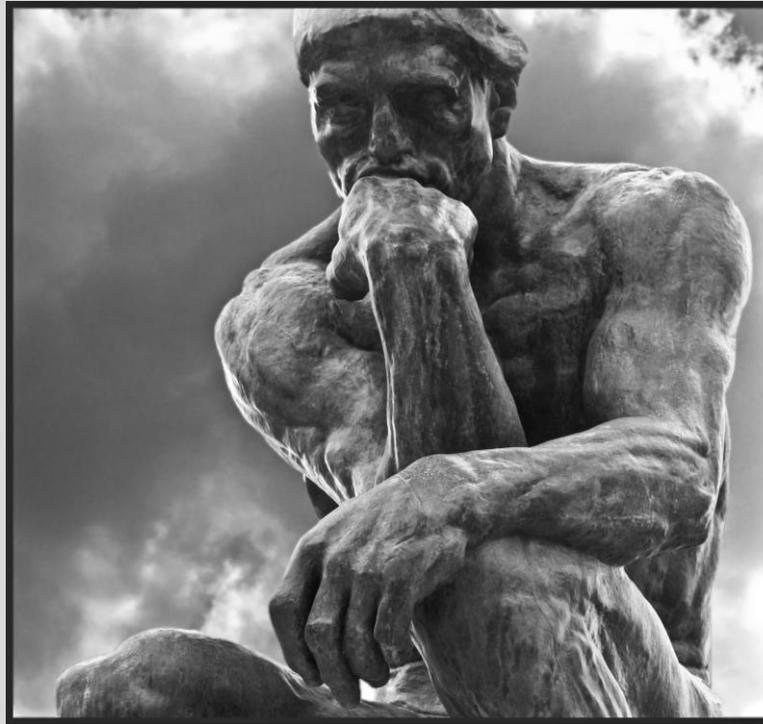


The Mental Status Exam



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Perception

- Hallucination vs Illusion
- Which senses?
 - Auditory: sounds, voices (identifiable/not)
 - Visual: geometric/mandala, identifiable, vague
 - Olfactory
 - Sensory
 - Gustatory

Schneiderian First Rank Symptoms (modified)

- **Voices**
 - Speaking his thoughts out loud
 - Pt is subject of discussion
 - Command
- **Delusional percept**
(ideas of reference)
- **Somatic passivity**
- **Thought**
 - Insertion
 - Withdrawal
 - Broadcasting
- **“Made”**
 - Feelings
 - Impluses
 - Voluntary acts

Other experiences

- Depersonalization
- Derealization
- Déjà vu
- Jamais vu

Insight

- The ability to be self-aware
- To acknowledge illness/problems
- Ask 'Are you ill?'
- Lack of insight associated with psychosis, conversion disorders, addictions
- Anosognosia: extreme lack of insight due to damage to the parietal lobe (right)

Judgment

- Affected by level of insight (and cognitive abilities, intelligence, mood, personality, life circumstances, intoxication, delirium...)
- The process of consideration and formulation regarding a particular issue or situation that can lead to a decision/action.

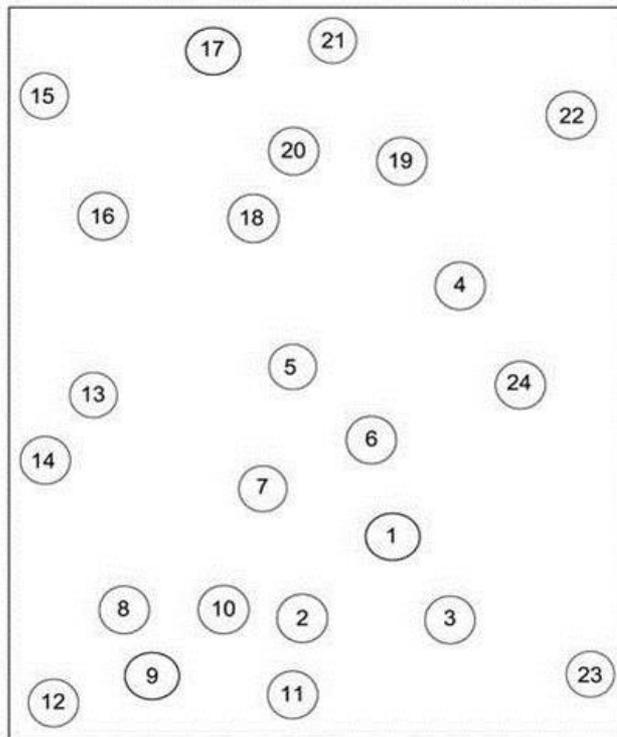
Attention/Concentration

- Serial 7's
- WORLD backwards
- Alphabet backwards

Concentration—Trails Tests A & B

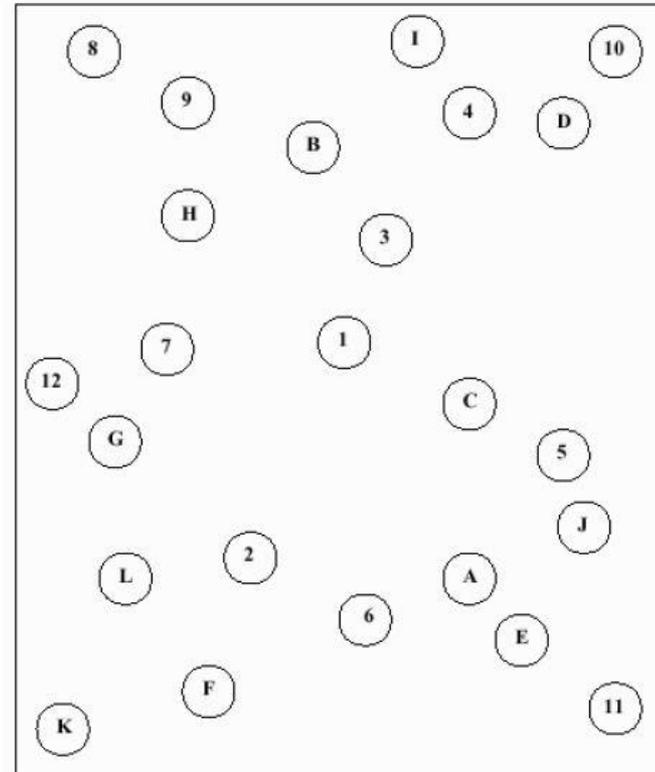
Trail making test A

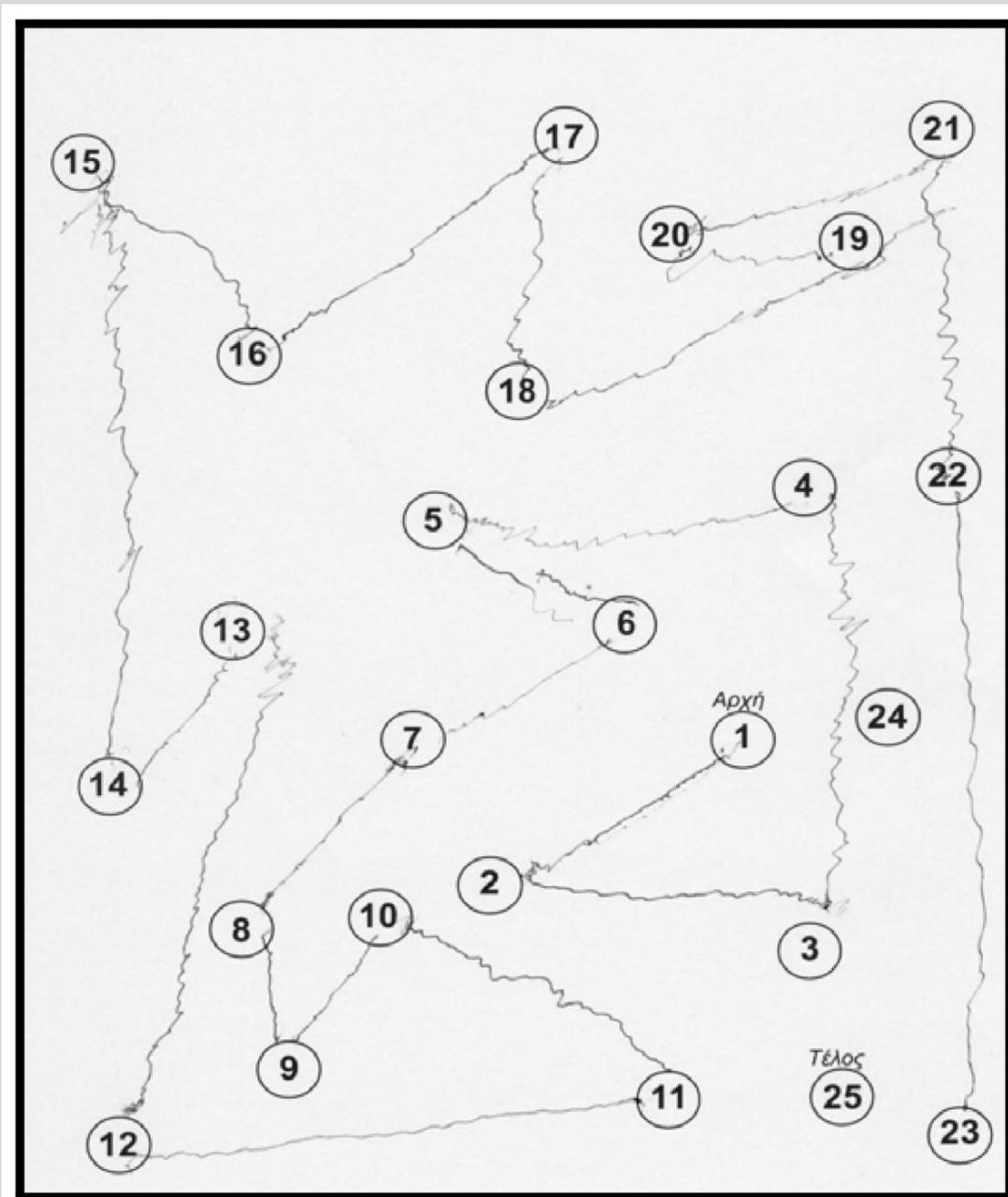
Patientens namn: Personnummer: Datum:



Trail Making Test Part B

Patient's Name: _____ Date: _____





Stroop Color-Word Test

RED

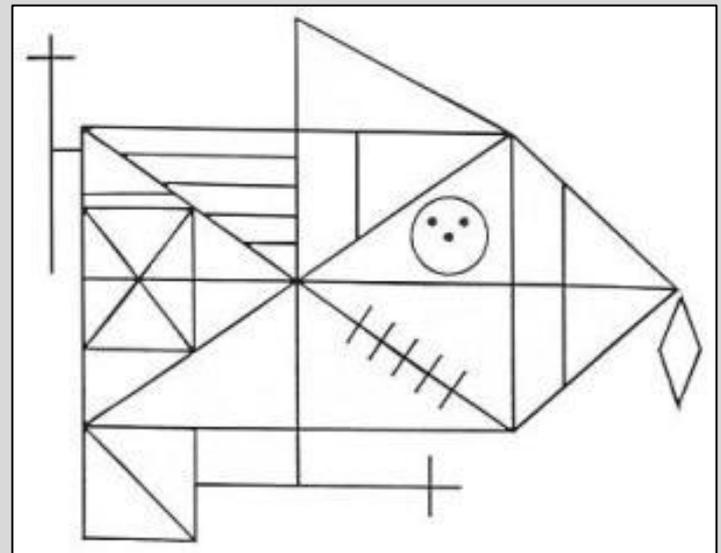
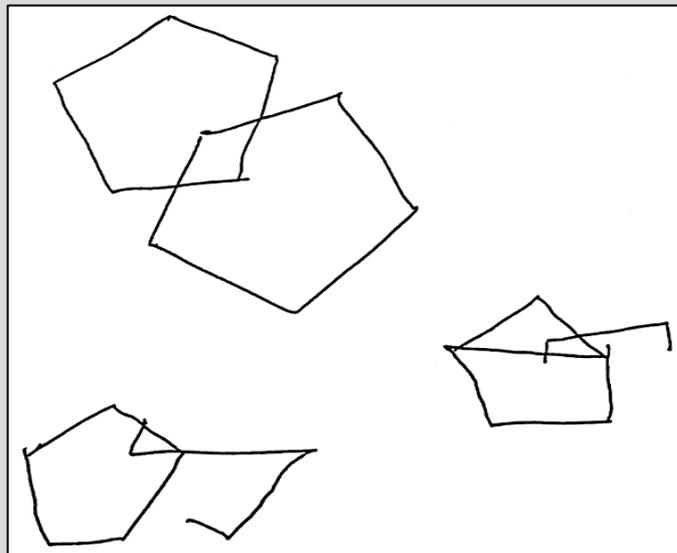
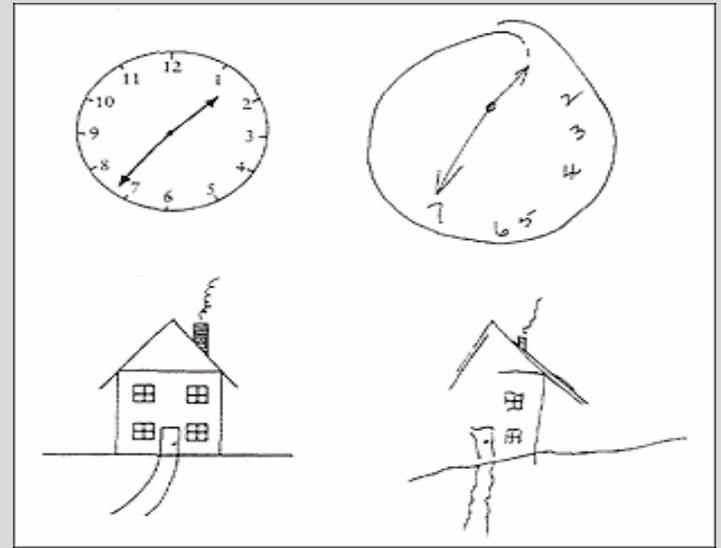
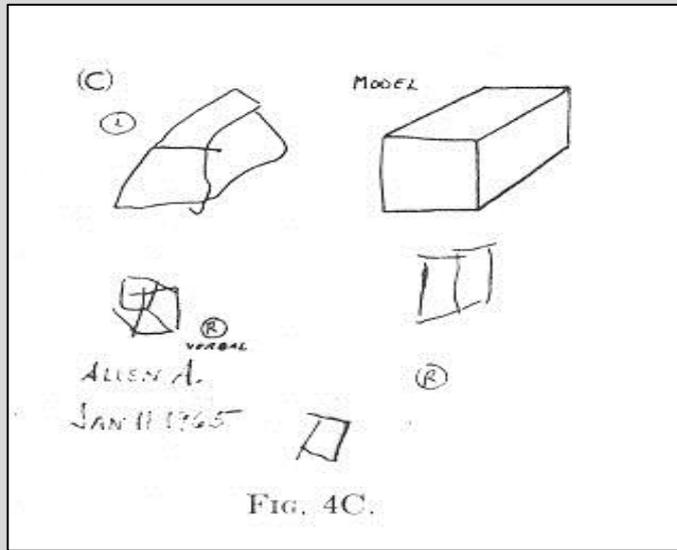
Memory

- Registration
 - Repeat three words (yellow, jealousy, thirteen)
- Short-term memory
 - Recall three words
 - Memory/Digit span
 - Visual: six designs
 - Auditory: tapping sequence

Memory

- Long-term memory
 - Procedural
 - Declarative
 - Episodic: Ask pt to recall wedding, entering school, etc.
 - Semantic: List things found in a grocery (1 minute; nl 18)

Constructional Ability



Abstract/Concrete

- Similarities
 - What do
- Proverbs
 - Don't cry over spilled milk
 - A rolling stone gathers no moss

The Mini-Mental State Exam

Patient _____ Examiner _____ Date _____

Maximum Score

5 ()

Orientation

What is the (year) (season) (date) (day) (month)?

5 ()

Where are we (state) (country) (town) (hospital) (floor)?

3 ()

Registration

Name 3 objects: 1 second to say each. Then ask the patient all 3 after you have said them. Give 1 point for each correct answer. Then repeat them until he/she learns all 3. Count trials and record.
Trials _____

5 ()

Attention and Calculation

Serial 7's. 1 point for each correct answer. Stop after 5 answers.
Alternatively spell "world" backward.

3 ()

Recall

Ask for the 3 objects repeated above. Give 1 point for each correct answer.

2 ()

Language

Name a pencil and watch.

1 ()

Repeat the following "No ifs, ands, or buts"

3 ()

Follow a 3-stage command:

"Take a paper in your hand, fold it in half, and put it on the floor."

1 ()

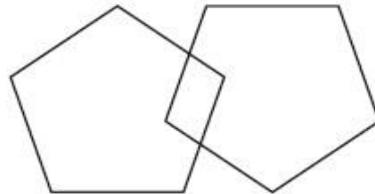
Read and obey the following: CLOSE YOUR EYES

1 ()

Write a sentence.

1 ()

Copy the design shown.



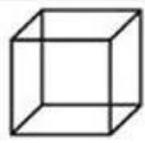
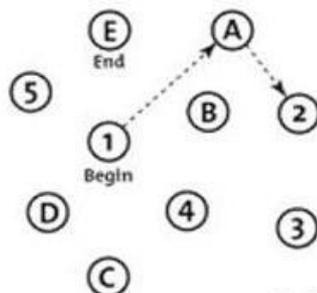
Total Score

ASSESS level of consciousness along a continuum _____

Alert Drowsy Stupor Coma

MONTREAL COGNITIVE ASSESSMENT (MOCA)

 NAME : _____
 Education : _____
 Sex : _____ Date of birth : _____
 DATE : _____

VISUOSPATIAL / EXECUTIVE


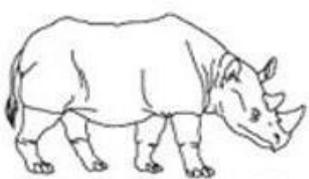
Copy cube

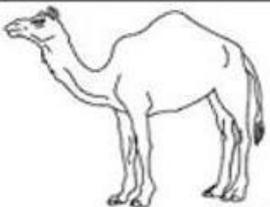
 Draw CLOCK (Ten past eleven)
 (3 points)

POINTS

 Contour Numbers Hands ___/5

NAMING



___/3

MEMORY

Read list of words, subject must repeat them. Do 2 trials. Do a recall after 5 minutes.

	FACE	VELVET	CHURCH	DAISY	RED
1st trial					
2nd trial					

No points

ATTENTION

Read list of digits (1 digit/ sec.).

 Subject has to repeat them in the forward order 2 1 8 5 4
 Subject has to repeat them in the backward order 7 4 2

___/2

Read list of letters. The subject must tap with his hand at each letter A. No points if ≥ 2 errors

 FBACMNAAJKLBFAFAKDEAAAJAMOF AAB

___/1

Serial 7 subtraction starting at 100

 93 86 79 72 65
 4 or 5 correct subtractions: 3 pts, 2 or 3 correct: 2 pts, 1 correct: 1 pt, 0 correct: 0 pt

___/3

LANGUAGE

 Repeat: I only know that John is the one to help today.

 The cat always hid under the couch when dogs were in the room.

___/2

Fluency / Name maximum number of words in one minute that begin with the letter F

 _____ (N ≥ 11 words)

___/1

ABSTRACTION

 Similarity between e.g. banana - orange = fruit train - bicycle watch - ruler

___/2

DELAYED RECALL

Has to recall words WITH NO CUE

FACE	VELVET	CHURCH	DAISY	RED
<input type="checkbox"/>				

Points for UNCUED recall only

___/5

Optional

 Category cue
 Multiple choice cue

ORIENTATION
 Date Month Year Day Place City

___/6



References

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