

**The Indian Health Service (IHS) TeleBehavioral Health Center of Excellence in collaboration with the IHS
Clinical Support Center (Accredited Provider) presents:**

Telehealth Webinar Series

Medications for Trauma Related Disorders

To Register: https://ihs-gov.zoomgov.com/webinar/register/WN_qZsV0xt0TBGEyjs5gfD2w

August 11, 2026, | 12:00 pm EST, 11:00 am CST, 10:00 am MST, 9:00 am PST, 8:00 am AKST

Duration: 1 hour

Presenter:

Olivia Shadid, MD, Psychiatrist, University of New Mexico

Description:

In this webinar, we will discuss pharmacological approaches to treating trauma-related disorders, with a focus on posttraumatic stress disorder (PTSD) for youth and adults. Participants will review first-line medication options for both youth and adults, along with current evidence on the effectiveness and limitations of these treatments. The session will also highlight clinical considerations to support informed, patient-centered decision making in diverse care settings.

Outcomes/Objectives:

1. Identify first-line pharmacologic treatments for PTSD in youth and adults.
2. Evaluate evidence on the effectiveness and limitations of pharmacologic treatments for PTSD.
3. Apply clinical considerations to support patient-centered medication selection for PTSD across diverse populations.

Content Level:

Intermediate

Target Audience:

Target audience for training is clinical professionals, behavioral health specialists, and addiction specialists.

About the Presenter



Olivia Shadid, MD, is an assistant professor of psychiatry at the University of New Mexico (UNM) School of Medicine, where she practices child & adolescent psychiatry. Through her Indian Health Service telehealth clinics, she serves patients of all ages. Dr. Shadid supports efforts to improve the mental health of families at a community-level via federal- and state-funded projects, including educational initiatives, workforce development, & serving as a child psychiatry consultant.

Instructions for Obtaining Continuing Education Credit:

To receive a certificate of continuing education you must:

- Electronically register for the session.
- Participate in the entire live 1 hour activity. No partial credit will be given.
- Complete the online evaluation by **August 25, 2026**. You will be able to print your certificate after completing the evaluation.

ACCREDITATION:



In support of improving patient care, IHS Clinical Support Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

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This activity was planned by and for the health care team, and learners will receive 1.0 Interprofessional Continuing Education (IPCE) credit for learning and change.

IPCE CREDIT™

Physicians

The IHS Clinical Support Center designates this live activity for 1 hour of *AMA PRA Category 1 Credit™* for each hour of participation. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses

This activity is designated 1.0 contact hour for each hour of participation.

Physician Associates



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As a Jointly Accredited Organization, the IHS Clinical Support Center is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 1.0 clinical continuing education credit.

Psychologists



Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP) and the IHS Clinical Support Center. The IHS Clinical Support Center maintains responsibility for the content of the program. Psychologists completing this course receive 1.0 continuing education credit.

Counselors

Many state Counselor boards (including the various types of addiction counselors, mental health counselors, etc.) accept either APA or ASWB approval. See these approvals under Psychologists and Social Workers. Please check with your board to be sure.

Attendance

Participants can select a certificate of attendance, enabling participants to register with licensing boards or associations that have not been preapproved for credits. To apply for credit types not listed above, participants should use the procedure established by the specific organization from which they wish to obtain credit.

Accreditation applies solely to this educational activity and does not imply approval or endorsement of any commercial product, services or processes by the CSC, IHS, the federal government, or the accrediting bodies.

Disclosure Statement: As a jointly accredited provider of continuing education, the IHS Clinical Support Center must ensure balance, independence, objectivity, and scientific rigor in its educational activities. Course directors/coordinators, planning committee members, faculty, reviewers and all others who are in a position to control the content of this educational activity are required to disclose the existence of all financial relationships with ineligible companies within the prior 24 months. Safeguards against commercial bias have been put in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. All those who are in a position to control the content of this educational activity have completed the disclosure process and have indicated that they do not have any relevant financial relationships or affiliations with any manufacturers or commercial products to disclose.

There is no commercial interest support for this educational activity.

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If you have never attended a Zoom meeting before, you can download the Zoom desktop client here:

<https://zoom.us/support/download>

Requirements for Zoom

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You can also review the Qualtrics Privacy Policy for details on how user information submitted in the evaluation is protected. <https://www.qualtrics.com/privacy-statement/>

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