

The Indian Health Service (IHS) TeleBehavioral Health Center of Excellence in collaboration with the IHS Clinical Support Center (Accredited Provider) presents:

Telehealth Webinar Series

Psychological Trauma after Physical Injury or Illness: Considerations to Optimize Recovery

To Register: https://ihs-gov.zoomgov.com/webinar/register/WN_sbJiiYJ_RYiN-g_Oujp4Zg

August 18, 2026, | 12:00 pm EST, 11:00 am CST, 10:00 am MST, 9:00 am PST, 8:00 am AKST

Duration: 1 hour

Presenter:

Amy Rouse, MD, Psychiatrist, University of New Mexico

Description:

In this webinar, we will discuss the psychological impact of physical injury and serious medical illness, with attention to common trauma-related responses and recovery trajectories. Participants will learn to identify patients who may benefit from behavioral health support and review foundational therapeutic and medication approaches to address psychological sequelae. The session will emphasize integrated, trauma-informed care to support holistic recovery across medical and behavioral health settings.

Outcomes/Objectives:

1. Examine possible psychological outcomes for patients after physical injury or new diagnosis of serious medical illness.
2. Identify patients with behavioral and/or psychiatric treatment needs after injury or new diagnosis.
3. Determine appropriate basic therapeutic and medication treatment options for psychological sequelae of injury or illness.

Content Level:

Intermediate

Target Audience:

Target audience for training is clinical professionals, behavioral health specialists, and addiction specialists.

About the Presenter



Amy Rouse, MD is an associate professor in the Department of Psychiatry and Behavioral Science at University of New Mexico. She is the medical director for the inpatient pediatric consult liaison service at the UNM Children's Hospital where she sees medically complex patients with psychiatric needs. She serves as the clinical team lead on the New Mexico Access to Behavioral Health Care grant (NM-ABC), trains pediatric and family medicine residents in pediatric psychiatry, and co-developed services integrating child psychiatry into outpatient pediatric settings in Rhode Island and New Mexico. She also works clinically as an outpatient tele-psychiatrist with the Indian Health Service.

Instructions for Obtaining Continuing Education Credit:

To receive a certificate of continuing education you must:

- Electronically register for the session.
- Participate in the entire live 1 hour activity. No partial credit will be given.
- Complete the online evaluation by **September 1, 2026**. You will be able to print your certificate after completing the evaluation.

ACCREDITATION:



In support of improving patient care, IHS Clinical Support Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

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This activity was planned by and for the health care team, and learners will receive 1.0 Interprofessional Continuing Education (IPCE) credit for learning and change.

IPCE CREDIT™

Physicians

The IHS Clinical Support Center designates this live activity for 1 hour of *AMA PRA Category 1 Credit™* for each hour of participation. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses

This activity is designated 1.0 contact hour for each hour of participation.

Physician Associates



The IHS Clinical Support Center has been authorized by the American Academy of Physician Associates (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 1.0 AAPA Category 1 CME credit. PAs should only claim credit commensurate with the extent of their participation.

Social Workers



As a Jointly Accredited Organization, the IHS Clinical Support Center is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 1.0 clinical continuing education credit.

Psychologists



Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP) and the IHS Clinical Support Center. The IHS Clinical Support Center maintains responsibility for the content of the program. Psychologists completing this course receive 1.0 continuing education credit.

Counselors

Many state Counselor boards (including the various types of addiction counselors, mental health counselors, etc.) accept either APA or ASWB approval. See these approvals under Psychologists and Social Workers. Please check with your board to be sure.

Attendance

Participants can select a certificate of attendance, enabling participants to register with licensing boards or associations that have not been preapproved for credits. To apply for credit types not listed above, participants should use the procedure established by the specific organization from which they wish to obtain credit.

Accreditation applies solely to this educational activity and does not imply approval or endorsement of any commercial product, services or processes by the CSC, IHS, the federal government, or the accrediting bodies.

Disclosure Statement: As a jointly accredited provider of continuing education, the IHS Clinical Support Center must ensure balance, independence, objectivity, and scientific rigor in its educational activities. Course directors/coordinators, planning committee members, faculty, reviewers and all others who are in a position to control the content of this educational activity are required to disclose the existence of all financial relationships with ineligible companies within the prior 24 months. Safeguards against commercial bias have been put in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. All those who are in a position to control the content of this educational activity have completed the disclosure process and have indicated that they do not have any relevant financial relationships or affiliations with any manufacturers or commercial products to disclose.

There is no commercial interest support for this educational activity.

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If you have never attended a Zoom meeting before, you can download the Zoom desktop client here:

<https://zoom.us/support/download>

Requirements for Zoom

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You can also review the Qualtrics Privacy Policy for details on how user information submitted in the evaluation is protected. <https://www.qualtrics.com/privacy-statement/>

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