

The Indian Health Service (IHS) TeleBehavioral Health Center of Excellence in collaboration with the IHS
Clinical Support Center (Accredited Provider) presents:

Child and Adolescent Behavioral Health Webinar Series

Beyond Baby Blues: Understanding Perinatal PTSD

Continuing Education in Behavioral Health

To Register: https://ihs.gov.zoomgov.com/webinar/register/WN_iVjAcUMsQHakFTU4qvFXEg

September 24, 2026, | 2:00 pm EST, 1:00 pm CST, 12:00 pm MST, 11:00 am PST, 10:00 am AKST

Duration: 1 hour

Presenter:

Lauren Gross PsyD, Assistant Professor, University of New Mexico, Center for Development and Disability,
Michele Iemolo, PsyD, BCBA, R-DMT, Psychologist, Embodied Heart Space, and Dina E. Hill, PhD, Professor,
University of New Mexico

Description:

This webinar will focus on perinatal posttraumatic stress disorder (P-PTSD). It will cover the prevalence of mental health concerns in the perinatal period and the unique features of P-PTSD. In addition to discussing the prevalence of this diagnosis, it will also touch on factors that increase or decrease the likelihood of someone developing P-PTSD. The webinar will describe the ripple effects of a traumatic birth on others. Finally, it will discuss the current screening procedures and treatments for P-PTSD.

Outcomes/Objectives:

1. Identify the unique features of posttraumatic stress disorder (PTSD) in the perinatal period.
2. Examine the effects of perinatal-PTSD (P-PTSD) on important relationships.
3. Explore current challenges in the screening and treatment of P-PTSD.

Content Level:

Beginner

Target Audience:

Members of the healthcare team

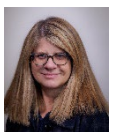
About the Presenter



Lauren Gross PsyD, is a licensed clinical psychologist who specializes in infant and early childhood mental health. Dr. Gross has been working at UNM's Center for Development and Disability since 2022 providing therapy and developmental assessments for young children and their families.



Michele Iemolo is a licensed psychologist with experience in the screening, assessment, diagnosis and treatment of children with autism and related neurodevelopmental disabilities. Dr. Iemolo has extensive training and experience in treatment approaches for children and families including applied behavior analysis, dance-movement therapy, as well as parent coaching programs aimed at improving social communication. She conducts diagnostic evaluations of children zero to five years of age at her private practice in Albuquerque, New Mexico. Dr. Iemolo has a contract with Indian Health Services through UNM to develop and disseminate webinars in the area of neurodevelopmental disorders.



Dina Hill is a licensed clinical neuropsychologist with experience in the assessment and diagnosis of children with genetic, neurological, and neurodevelopmental disorders. Over the past seven years, Dr. Hill has worked with the UNM CDD Prenatal Exposures Clinic and on the UNM Center grant investigating the effects of prenatal exposure on the developing child. Dr. Hill has a contract with Indian Health Services through UNM to develop and disseminate webinars in the area of neurodevelopmental disorders.

Instructions for Obtaining Continuing Education Credit:

To receive a certificate of continuing education you must:

- Electronically register for the session
- Participate in the entire live 1 hour activity. No partial credit will be given.
- Complete the online evaluation by **October 8, 2026**. You will be able to print your certificate after completing the evaluation

ACCREDITATION:



In support of improving patient care, IHS Clinical Support Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

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IPCE CREDIT™

This activity was planned by and for the health care team, and learners will receive 1.0 Interprofessional Continuing Education (IPCE) credit for learning and change.

Physicians

The IHS Clinical Support Center designates this live activity for 1 hour of *AMA PRA Category 1 Credit™* for each hour of participation. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses

This activity is designated 1.0 contact hour for each hour of participation.

Physician Associates



The IHS Clinical Support Center has been authorized by the American Academy of Physician Associates (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 1.0 AAPA Category 1 CME credit. PAs should only claim credit commensurate with the extent of their participation

Social Workers



As a Jointly Accredited Organization, the IHS Clinical Support Center is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 1.0 clinical continuing education credit.

Psychologists



Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP) and the IHS Clinical Support Center. The IHS Clinical Support Center maintains responsibility for the content of the program. Psychologists completing this course receive 1.0 continuing education credit.

Counselors

Many state Counselor boards (including the various types of addiction counselors, mental health counselors, etc.) accept either APA or ASWB approval. See these approvals under Psychologists and Social Workers. Please check with your board to be sure.

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Participants can select a certificate of attendance, enabling participants to register with licensing boards or associations that have not been preapproved for credits. To apply for credit types not listed above, participants should use the procedure established by the specific organization from which they wish to obtain credit.

Accreditation applies solely to this educational activity and does not imply approval or endorsement of any commercial product, services or processes by the CSC, IHS, the federal government, or the accrediting bodies.

Disclosure Statement: As a jointly accredited provider of continuing education, the IHS Clinical Support Center must ensure balance, independence, objectivity, and scientific rigor in its educational activities. Course directors/coordinators, planning committee members, faculty, reviewers and all others who are in a position to control the content of this educational activity are required to disclose the existence of all financial relationships with ineligible companies within the prior 24 months. Safeguards against commercial bias have been put in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. All those who are in a position to control the content of this educational activity have completed the disclosure process and have indicated that they do not have any relevant financial relationships or affiliations with any manufacturers or commercial products to disclose.

There is no commercial interest support for this educational activity.

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You can also review the Qualtrics Privacy Policy for details on how user information submitted in the evaluation is protected. <https://www.qualtrics.com/privacy-statement/>

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