

The Indian Health Service (IHS) TeleBehavioral Health Center of Excellence in collaboration with the IHS Clinical Support Center (Accredited Provider) presents:

Behavioral Health Integration Webinar Series

Addressing Opioid Use Disorder and Mental Health under the Integrated Care Model

Continuing Education in Behavioral Health

To Register: https://ihs.gov.zoomgov.com/webinar/register/WN_Au6Pokr_RIm--TWh1p3hZA
December 10, 2026, | 12:00 pm EDT, 11:00 am CDT, 10:00 am MDT, 9:00 am PDT, 8:00 am AKDT

Duration: 1 hour

Presenter:

Cynthia E. Guzmán, PhD, MSCP and Ingrid Atilas, PsyD, Clinical Director, Atilas Psychological Network

Description:

This webinar explores evidence-based strategies for addressing Opioid Use Disorder (OUD) and co-occurring mental health conditions within tribal healthcare settings using an integrated care model. Designed for healthcare professionals working in tribal clinics, the session examines culturally responsive approaches that combine behavioral health, primary care, medication-assisted treatment, and community support services to improve patient outcomes.

Participants will learn how historical trauma, social determinants of health, stigma, and barriers to access affect Native and Indigenous communities impacted by substance use and mental health disorders. The webinar highlights the role of interprofessional collaboration, trauma-informed care, and culturally grounded healing practices in promoting recovery and wellness.

Outcomes/Objectives:

1. Examine integrated care principles for treating Opioid Use Disorder and co-occurring mental health conditions in tribal healthcare settings.
2. Apply evidence-based, trauma-informed, and culturally responsive approaches to MOUD, behavioral health care, and patient engagement.
3. Identify strategies to strengthen interprofessional collaboration, care coordination, stigma reduction, and culturally grounded recovery supports.

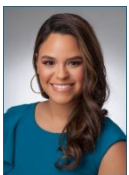
Content Level:

Intermediate

Target Audience:

Target audience for training is clinical professionals, behavioral health specialists, and addiction specialists.

About the Presenter



Cynthia E. Guzmán, PhD, MSCP, is a licensed psychologist who has devoted her career to addressing health disparities in underserved communities, primarily in Indian Country. She has experience with program design, development, and implementation of programs that address co-occurring disorders as well as primary care/mental health integration. Aside from clinical work and the supervision of other trainees, Dr. Guzmán considers herself a servant leader and enjoys consulting with other tribes seeking to advance tribal healthcare in their communities, as well as providing trainings on behavioral health approaches from an indigenous perspective.



Ingrid Atilas, PsyD, MS, is a licensed psychologist with more than 15 years of experience leading behavioral health programs across integrated healthcare, telehealth, substance use treatment, forensic, correctional, community mental health, and primary care settings. She is the Founder and Clinical Director of Atilas Psychological Network, LLC, where she provides psychological assessment, forensic evaluation, psychotherapy, clinical consultation, and behavioral health program development services to healthcare organizations, legal systems, and community partners.

Instructions for Obtaining Continuing Education Credit:

To receive a certificate of continuing education you must:

- Electronically register for the session.
- Participate in the entire live 1 hour activity. No partial credit will be given.
- Complete the online evaluation by **December 24, 2026**. You will be able to print your certificate after completing the evaluation.

ACCREDITATION:



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, IHS Clinical Support Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



IPCE CREDIT™

This activity was planned by and for the health care team, and learners will receive 1.0 Interprofessional Continuing Education (IPCE) credit for learning and change.

Physicians

The IHS Clinical Support Center designates this live activity for 1 hour of *AMA PRA Category 1 Credit™* for each hour of participation. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses

This activity is designated 1.0 contact hour for each hour of participation.

Physician Associates



The IHS Clinical Support Center has been authorized by the American Academy of Physician Associates (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 1.0 AAPA Category 1 CME credit. PAs should only claim credit commensurate with the extent of their participation.

Social Workers



As a Jointly Accredited Organization, the IHS Clinical Support Center is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 1.0 clinical continuing education credit.

Psychologists



Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP) and the IHS Clinical Support Center. The IHS Clinical Support Center maintains responsibility for the content of the program. Psychologists completing this course receive 1.0 continuing education credit.

Counselors

Many state Counselor boards (including the various types of addiction counselors, mental health counselors, etc.) accept either APA or ASWB approval. See these approvals under Psychologists and Social Workers. Please check with your board to be sure.

Attendance

Participants can select a certificate of attendance, enabling participants to register with licensing boards or associations that have not been preapproved for credits. To apply for credit types not listed above, participants should use the procedure established by the specific organization from which they wish to obtain credit.

Accreditation applies solely to this educational activity and does not imply approval or endorsement of any commercial product, services or processes by the CSC, IHS, the federal government, or the accrediting bodies.

Disclosure Statement: As a jointly accredited provider of continuing education, the IHS Clinical Support Center must ensure balance, independence, objectivity, and scientific rigor in its educational activities. Course directors/coordinators, planning committee members, faculty, reviewers and all others who are in a position to control the content of this educational activity are required to disclose the existence of all financial relationships with ineligible companies within the prior 24 months. Safeguards against commercial bias have been put in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. All those who are in a position to control the content of this educational activity have completed the disclosure process and have indicated that they do not have any relevant financial relationships or affiliations with any manufacturers or commercial products to disclose.

There is no commercial interest support for this educational activity.

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<https://zoom.us/support/download>

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You can also review the Qualtrics Privacy Policy for details on how user information submitted in the evaluation is protected. <https://www.qualtrics.com/privacy-statement/>

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