

The Indian Health Service (IHS) TeleBehavioral Health Center of Excellence and the IHS Clinical Support Center (Accredited Provider) is pleased to announce Continuing Education in Behavioral Health for the following training:

TBHCE Webinar Series

## Youth Social Media, Suicidality and the LGBTQ Community

To Register: [https://ihs-gov.zoomgov.com/webinar/register/WN\\_A9GV-yBRTSG4i2e0QNSXjA](https://ihs-gov.zoomgov.com/webinar/register/WN_A9GV-yBRTSG4i2e0QNSXjA)

August 13, 2024 | 12:00 pm EDT, 11:00 am CDT, 10:00 am MDT, 9:00 am PDT, 8:00 am AKDT

Duration: 1 hour

### Presenter:

Jen Panhorst, LCSW

### Description:

The harmful effects of social media as a risk factor for bullying, social isolation, self-harm, risky behavior, and suicidality has been well-documented, especially in stigmatized populations like the LGBTQ community. This webinar provides critical information regarding potential risks, harms, and benefits of social media and how best to manage this for patients, families, and communities.

### Outcomes/Objectives:

1. Examine the benefits and harms of social media for youth.
2. Identify the positive and negative impact of social media for the LGBTQ community.
3. Determine how social media may amplify suicide contagion and risky behavior for LGBTQ youth.

### Content Level:

Intermediate

### Target Audience:

Members of the healthcare team

### About the Presenter



Jen Panhorst, LCSW, graduated with a Masters in Social Work from the University of Nevada Reno in 2007 and has done clinical work with adolescents and families in mental health facilities, community drop-in centers, schools, and detention centers. Since 2010, Jen has provided training throughout New Mexico on a variety of topics, including lesbian/gay/bisexual/transgender/queer (LGBTQ) issues, assessment and diagnosis, and substance use. Jen currently works at the Division of Community Behavioral Health in the University of New Mexico's Department of Psychiatry & Behavioral Science as a clinical supervisor, trainer, and clinician. Jen is also a Doctoral of Clinical Social Work student at the University of Pennsylvania.

### Instructions for Obtaining Continuing Education Credit:

To receive a certificate of continuing education you must:

- Electronically register for the session
- Participate in the entire live 1 hour activity. No partial credit will be given.
- Complete the online evaluation by **August 27, 2024**. You will be able to print your certificate after completing the evaluation.

## ACCREDITATION:



In support of improving patient care, IHS Clinical Support Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

JOINTLY ACCREDITED PROVIDER<sup>®</sup>  
INTERPROFESSIONAL CONTINUING EDUCATION



IPCE CREDIT™

This activity was planned by and for the health care team, and learners will receive 1.0 Interprofessional Continuing Education (IPCE) credit for learning and change.

### Physicians

The IHS Clinical Support Center designates this live activity for 1 hour of *AMA PRA Category 1 Credit™* for each hour of participation. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Nurses

This activity is designated 1.0 contact hour for each hour of participation.

### Physician Assistants



The IHS Clinical Support Center has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 1.0 AAPA Category 1 CME credit. PAs should only claim credit commensurate with the extent of their participation.

### Social Workers



As a Jointly Accredited Organization, the IHS Clinical Support Center is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 1.0 clinical continuing education credit.

### Psychologists



Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP) and the IHS Clinical Support Center. The IHS Clinical Support Center maintains responsibility for the content of the program. Psychologists completing this course receive 1.0 continuing education credit.

### Counselors

Many state Counselor boards (including the various types of addiction counselors, mental health counselors, etc.) accept either APA or ASWB approval. See these approvals under Psychologists and Social Workers. Please check with your board to be sure.

### Attendance

Participants can select a certificate of attendance, enabling participants to register with licensing boards or associations that have not been preapproved for credits. To apply for credit types not listed above, participants should use the procedure established by the specific organization from which they wish to obtain credit.

Accreditation applies solely to this educational activity and does not imply approval or endorsement of any commercial product, services or processes by the CSC, IHS, the federal government, or the accrediting bodies.

**Disclosure Statement:** As a jointly accredited provider of continuing education, the IHS Clinical Support Center must ensure balance, independence, objectivity, and scientific rigor in its educational activities. Course directors/coordinators, planning committee members, faculty, reviewers and all others who are in a position to control the content of this educational activity are required to disclose the existence of all financial relationships with ineligible companies within the prior 24 months. Safeguards against commercial bias have been put in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. All those who are in a position to control the content of this educational activity have completed the disclosure process and have indicated that they do not have any relevant financial relationships or affiliations with any manufacturers or commercial products to disclose.

There is no commercial interest support for this educational activity.

### Zoom First Time Users

If you have never attended a Zoom meeting before, you can download the Zoom desktop client here:

<https://zoom.us/support/download>

**Requirements for Zoom**

If you plan to join virtually, you must have a computer with broadband Internet access. For the best experience viewing the videos, use Microsoft Edge or Google Chrome. If you have trouble viewing this training on-line, check your system to make sure you have the appropriate hardware and software.

**Privacy Policies**

Before you begin the training, you can review the IHS Privacy Policy (<https://www.ihs.gov/privacypolicy/>). You can also review the Survey Monkey Privacy Policy for details on how user information submitted in the evaluation is protected. <http://www.surveymonkey.com/mp/policy/privacy-policy/>

**Recording**

All sessions are recorded for those unable to join them real-time, however, credit is not available for viewing the recording. You can access previous recordings at: <https://www.ihs.gov/teleeducation/webinar-archives/>  
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