

The Indian Health Service (IHS) TeleBehavioral Health Center of Excellence and the IHS Clinical Support Center (Accredited Provider) is pleased to announce Continuing Education in Behavioral Health for the following training:

Trauma & Stress Disorders Webinar Series: PTSD & Suicide

Presented by Jennifer K. Rielege, PhD, and Deidre Yellowhair, PhD

Dates and Times

March 28, 2023

12 pm Eastern, 11 am Central, 10 am Mountain, 9 am Pacific, 8 am Alaska

Duration: 1 hour

* Arizona (outside of Navajo Nation) is aligned with the Pacific times listed above due to Daylight Savings. Navajo Nation, you are still aligned with Mountain times above.

Description

In this webinar, we will discuss how to assess for suicide when treating PTSD. We also will discuss the correlation between PTSD and other factors that may increase suicide risk such as Traumatic Brain Injury (TBI) and chronic pain. We also will introduce some common suicide risk mitigation tools such as the 988 Hotline, validated suicide risk assessments, and Brown Stanley Safety Plan, which will be presented in more detail during the next webinar.

Content Level

Beginner

Outcomes/Objectives

At the end of this presentation, participants will be able to:

1. Identify best practices for assessing suicide risk in individuals with a diagnosis of PTSD, as well as other physical and mental health conditions.
2. Differentiate between the impact of co-occurring conditions that increase risk of suicide in individuals with PTSD, such as chronic pain, TBI and substance use.
3. Recommend trauma informed strategies in the development of safety planning when working with individuals with PTSD at risk of suicide.

Target Audience

All members of the healthcare team

Registration

This presentation is open to everyone. There is no fee to participate in this webinar. Continuing education credits will be provided for attending this webinar. See details on next page.

Registration is required. Each individual must register. If attending in a group setting (2+), please email TBHCE at IHSTeleEducation@ihs.gov for additional instructions.

Please follow these directions to register:

1. Visit the following link: https://ihs-gov.zoomgov.com/webinar/register/WN_WbERjHdMSsuEO1cnEbwD5A
2. Once the page loads, fill out the registration information
3. Click "Register" at the bottom of the page to complete registration.

4. You will receive a confirmation from Zoom with a link to enter the webinar the day of the event.

Questions & Technical Assistance

If you need assistance registering or have technical support questions, please send an email to IHSTeleEducation@ihs.gov describing your issue.

About the Presenter



Dr. Rielage completed her doctoral degree in 2004 at Southern Illinois University at Carbondale and completed a postdoctoral fellowship with the Center for Excellence in Substance Abuse Treatment and Education (CESATE) in 2005. Her career has been focused on treatment, clinical training, and research related to the treatment of dual PTSD and substance use disorders. She serves as the Section Chief of Outpatient Specialty Services with the New Mexico VA Healthcare System and a PTSD mentor with the VA's National Center for PTSD.



Dr. Yellowhair is currently a Clinical Psychology Post-Doctoral Fellow at the University of New Mexico with a clinical rotation in the Pueblo of San Felipe. Dr. Yellowhair also serves as the Project Director for the TRIBES Grant through the Department of Community Behavioral Health at UNM. She graduated from Western Michigan University with a Ph.D. in Counseling Psychology and completed her pre-doctoral training at the University of New Mexico. Dr. Yellowhair also received her Master of Arts in Counseling Psychology from Western Michigan University and bachelor degrees in Psychology and English from Fort Lewis College.

Continuing Education (CE) Information

To receive CE credit for this activity, you must:

- Be registered for the activity.
- Participate in the entire 1 hour activity. No partial credit will be given.
- Complete the online course evaluation. The online evaluation link will be provided to participants at the close of the activity. You will be able to print your CE certificate after completing the evaluation. The evaluation link will be available for two weeks only, closing on **April 11, 2023**.

ACCREDITATION:



In support of improving patient care, IHS Clinical Support Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

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INTERPROFESSIONAL CONTINUING EDUCATION



IPCE CREDIT™

This activity was planned by and for the health care team, and learners will receive 1.0 Interprofessional Continuing Education (IPCE) credit for learning and change.

Physicians

The IHS Clinical Support Center designates this live activity for 1 hour of *AMA PRA Category 1 Credit™* for each hour of participation. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses

This activity is designated 1.0 contact hour for each hour of participation.

Physician Assistants



The IHS Clinical Support Center has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 1.0 AAPA Category 1 CME credit. PAs should only claim credit commensurate with the extent of their participation.

Social Workers



As a Jointly Accredited Organization, the IHS Clinical Support Center is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 1.0 clinical continuing education credit.

Psychologists



Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP) and the IHS Clinical Support Center. The IHS Clinical Support Center maintains responsibility for the content of the program. Psychologists completing this course receive 1.0 continuing education credit.

Counselors

Many state Counselor boards (including the various types of addiction counselors, mental health counselors, etc.) accept either APA or ASWB approval. See these approvals under Psychologists and Social Workers. Please check with your board to be sure.

Attendance

Participants can select a certificate of attendance, enabling participants to register with licensing boards or associations that have not been preapproved for credits. To apply for credit types not listed above, participants should use the procedure established by the specific organization from which they wish to obtain credit.

Accreditation applies solely to this educational activity and does not imply approval or endorsement of any commercial product, services or processes by the CSC, IHS, the federal government, or the accrediting bodies.

Disclosure Statement: As a jointly accredited provider of continuing education, the IHS Clinical Support Center must ensure balance, independence, objectivity, and scientific rigor in its educational activities. Course directors/coordinators, planning committee members, faculty, reviewers and all others who are in a position to control the content of this educational activity are required to disclose the existence of all financial relationships with ineligible companies within the prior 24 months. Safeguards against commercial bias have been put in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. All those who are in a position to control the content of this educational activity have completed the disclosure process and have indicated that they do not have any relevant financial relationships or affiliations with any manufacturers or commercial products to disclose.

There is no commercial interest support for this educational activity.

Zoom First Time Users

If you have never attended a Zoom meeting before, you can download the Zoom desktop client here:

<https://zoom.us/support/download>

Requirements for Zoom

If you plan to join virtually, you must have a computer with broadband Internet access. For the best experience viewing the videos, use Microsoft Edge or Google Chrome. If you have trouble viewing this training on-line, check your system to make sure you have the appropriate hardware and software.

Privacy Policies

Before you begin the training, you can review the IHS Privacy Policy (<https://www.ihs.gov/privacypolicy/>). You can also review the Survey Monkey Privacy Policy for details on how user information submitted in the evaluation is protected. <http://www.surveymonkey.com/mp/policy/privacy-policy/>

Recording

All sessions are recorded for those unable to join them real-time, however, credit is not available for viewing the recording. You can access previous recordings at: <https://www.ihs.gov/teleeducation/webinar-archives/>

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